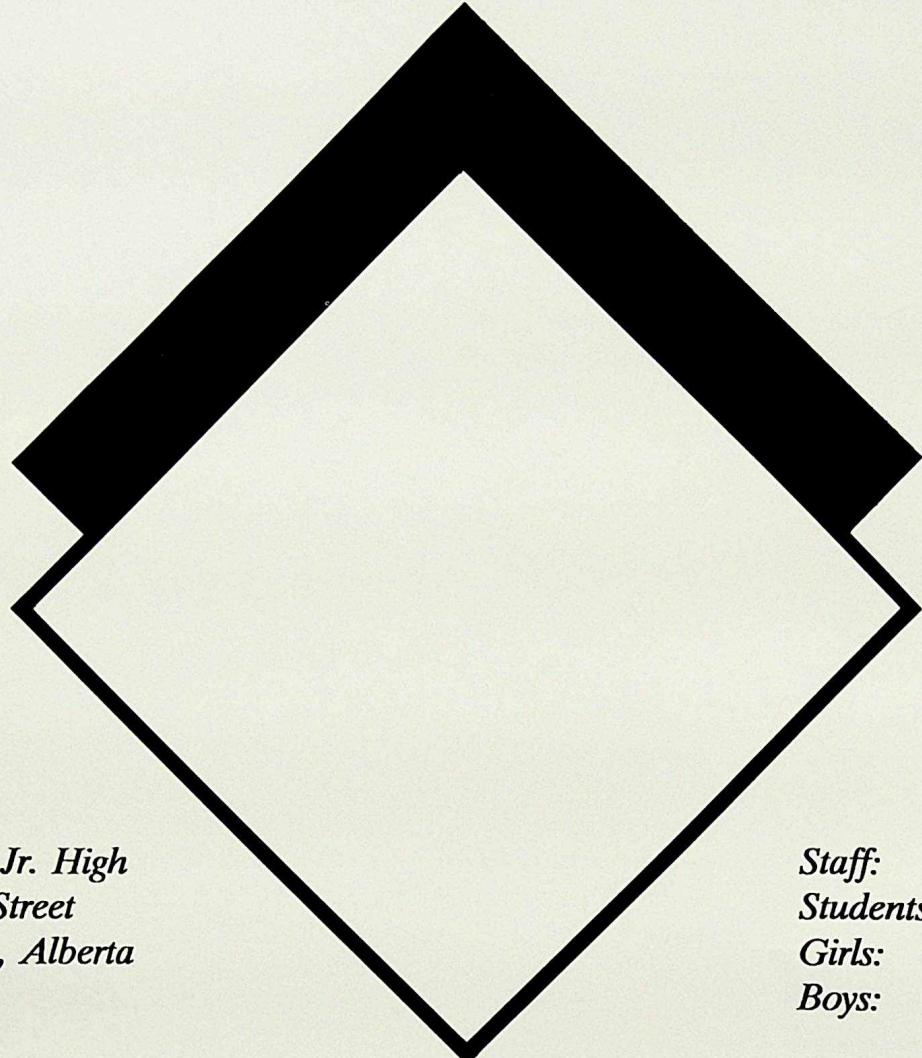


**One Moment In Time**





**"ONE MOMENT IN TIME"**



*Highlands Jr. High  
11509-62 Street  
Edmonton, Alberta  
T5W 4C2*

*Staff: 45  
Students: 524  
Girls: 252  
Boys: 272*

*Each day I live  
I want to be  
A day to give  
the Best of Me.*

As we enter a new decade and look toward a new century many questions arise as to our future and our hopes. Over the past four years I have been encouraged by a renewed interest in our school, in education and in learning. If our society is to continue to improve we must work together as a cooperative community. Our staff, students, parents and community working together as we do present an ideal model for ensuring maintenance and growth in a friendly atmosphere. With the special people we have in our "community" we have built our own foundation for the future. For the grade nines who will attend high school next year I extend a special thank you for the leadership they have shown and the energy they have put into making Highlands a special place to be. This excellent yearbook is an example of staff and students working together to produce an outstanding publication. Welcome to the '90's and thank you to all who have given us reason to be optimistic for the future. Good luck!

Patrick B. Dawson  
Principal



## THE ADMINISTRATION

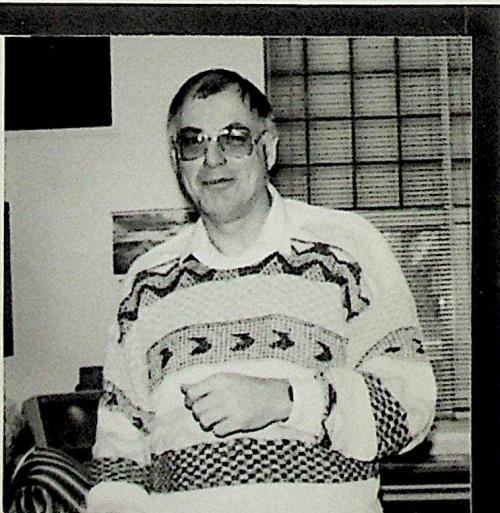
By the time this book is published we will have closed the door on the eighties and we will have made a good start in 1990.

The last nine years here at Highlands have been very rewarding and satisfying years for me personally. We have seen the school grow each year until we are almost bursting at the seams. Together, under Mr. Dawson's direction, we have become a truly child-centred school that caters to students of a wide variety of backgrounds and talents.

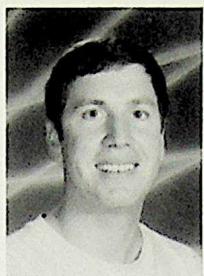
Each candid picture in this book reflects one of our on-going events at Highlands. Taken all together they picture school life over the whole year. The photographs demonstrate a great deal of effort on behalf of our students, parents and staff. Our thanks for a job well done.

A special thanks to Mrs. A. Mah and her yearbook committee for again publishing a very successful yearbook.

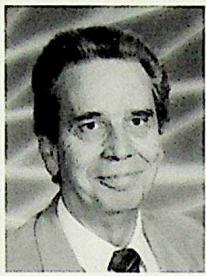
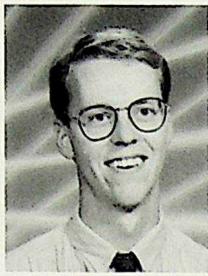
To those who are leaving Highlands we wish you health, happiness and lots of future success. To those of us that are staying keep us the tradition of maintaining Highlands as one of the finest junior high schools in Edmonton.



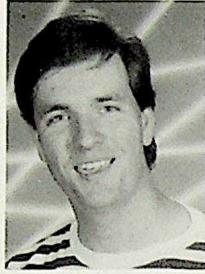
Peter G. Jonkman  
Assistant Principal



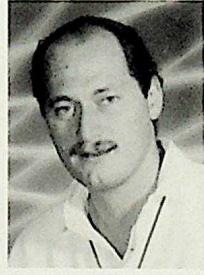
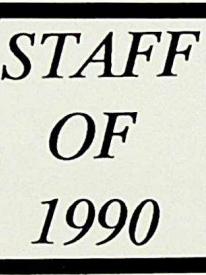
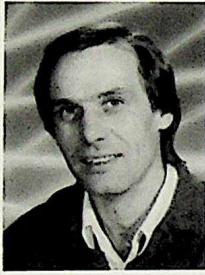
*Mrs. Rhonda Anderson  
Ms. Andrea Bailey  
Ms. Bev Belik  
Mrs. Pam Bell  
Mr. Ted Biggs*



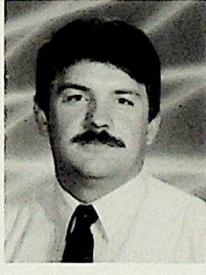
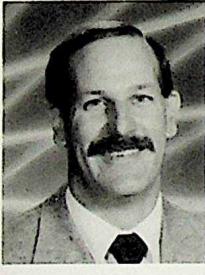
*Mr. Elmer Breitkreuz  
Mr. Eric Burnett  
Mr. Dale Christensen  
Ms. Debbie Fedoruk  
Mrs. Leanne Fitzpatrick*



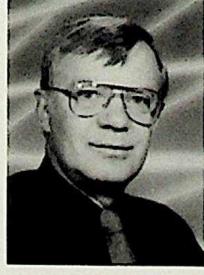
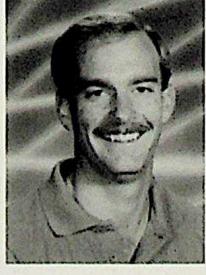
*Mr. Jack Geldart  
Mrs. Evelyn Gusdal  
Mrs. Julia Gyurek  
Mrs. Harding  
Miss Corinna Hollar*



*Mr. Tor Janisch  
Miss Patti Karbonik  
Mrs. Lorna Kunyk  
Mr. Rod Layton*



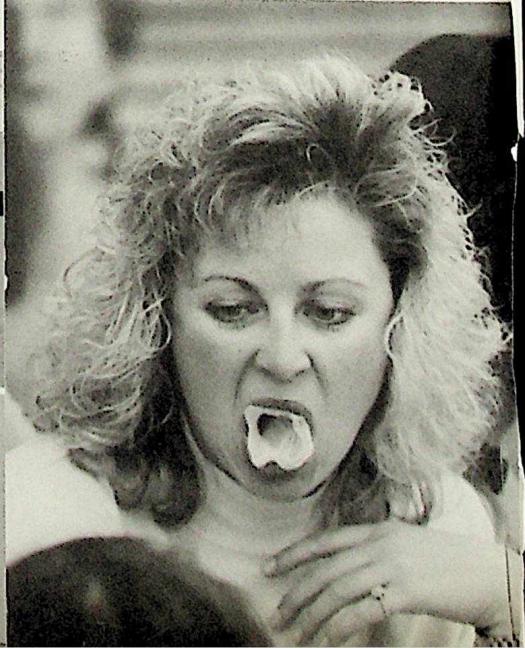
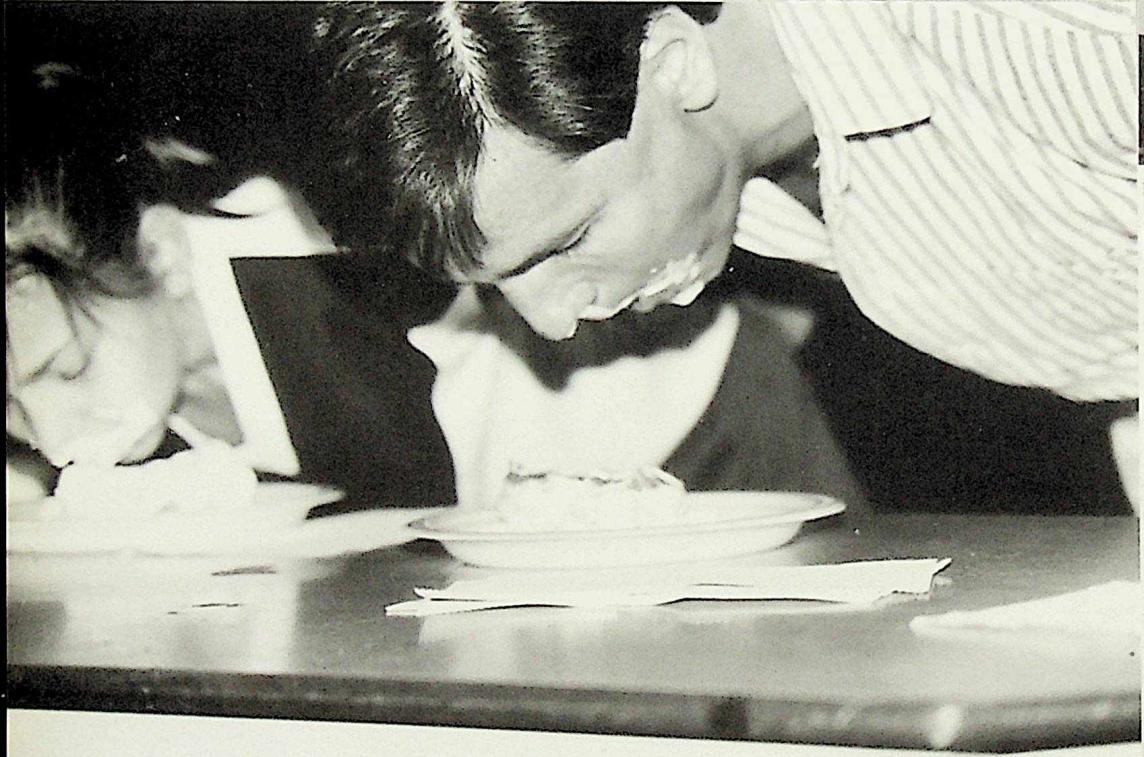
*Mr. Ken LeLacheur  
Mrs. Julie Loga  
Mrs. Olga Logvynenko  
Mr. Bob Lowry  
Mrs. Ann Mah*



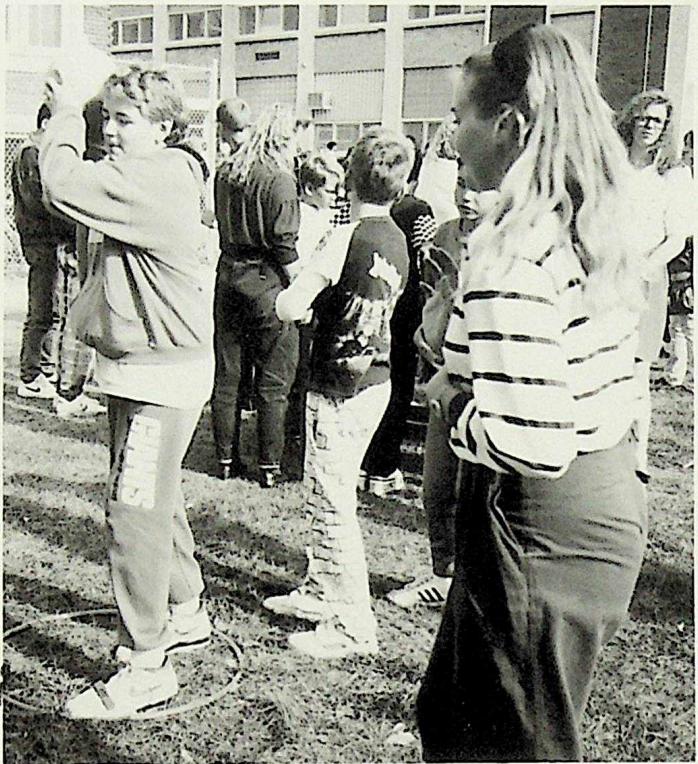
*Mrs. Linda Maheden  
Mrs. Patricia Moore  
Mr. Jamie Pallett  
Mrs. Charmaine Paliwoda  
Mr. Alex Potapoff*



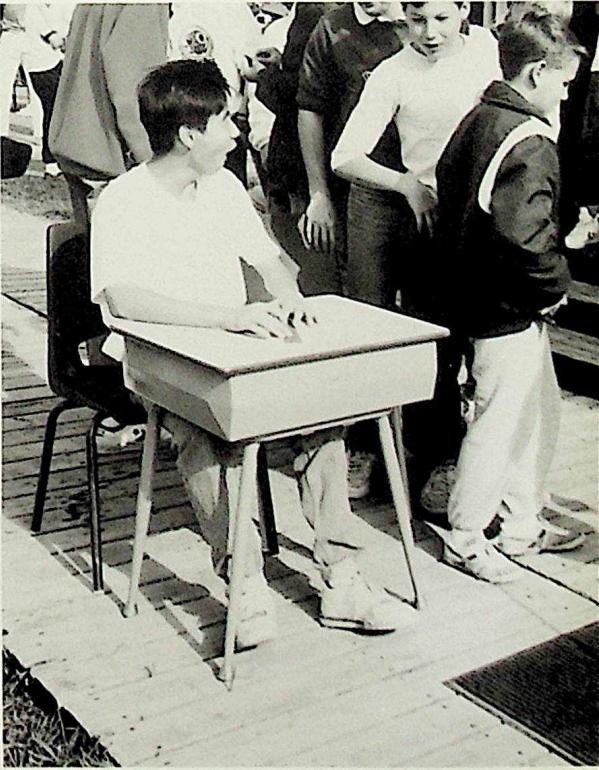
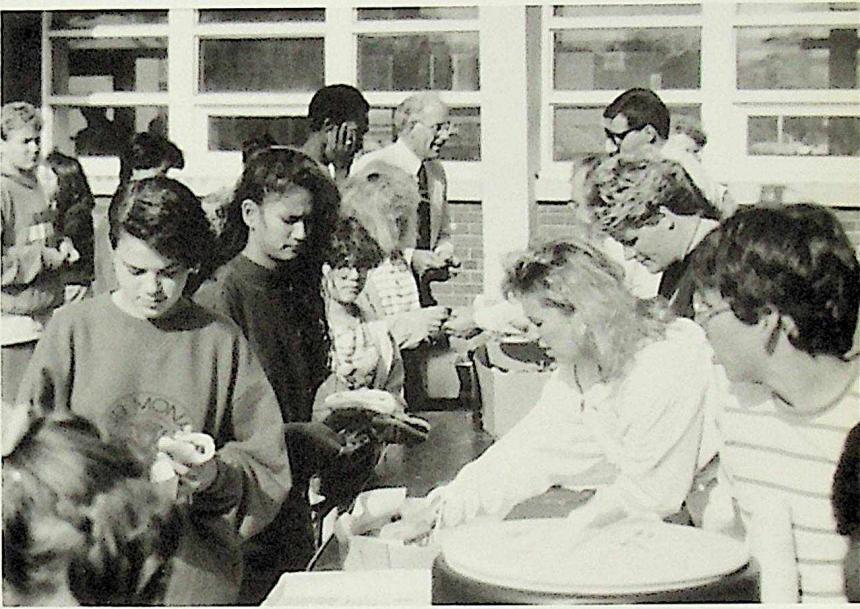
*Mrs. Angie Poznikoff  
Mrs. Evelyn Richards  
Ms. Susan Turnbull  
Mrs. Gwen Vansickle  
Mrs. Bonnie Zack*



# Noon B-BQ

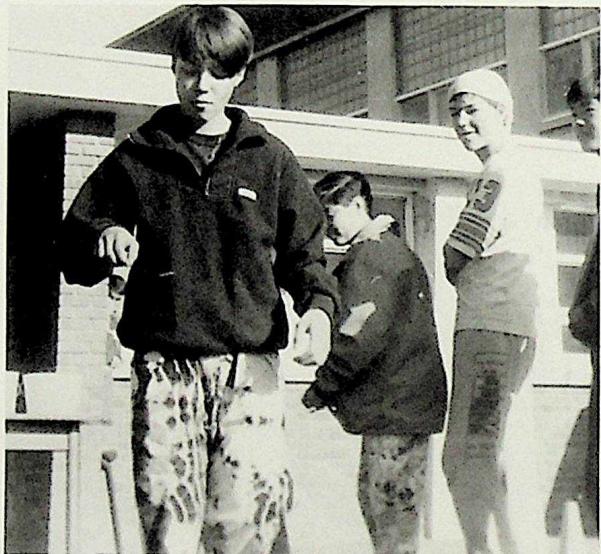
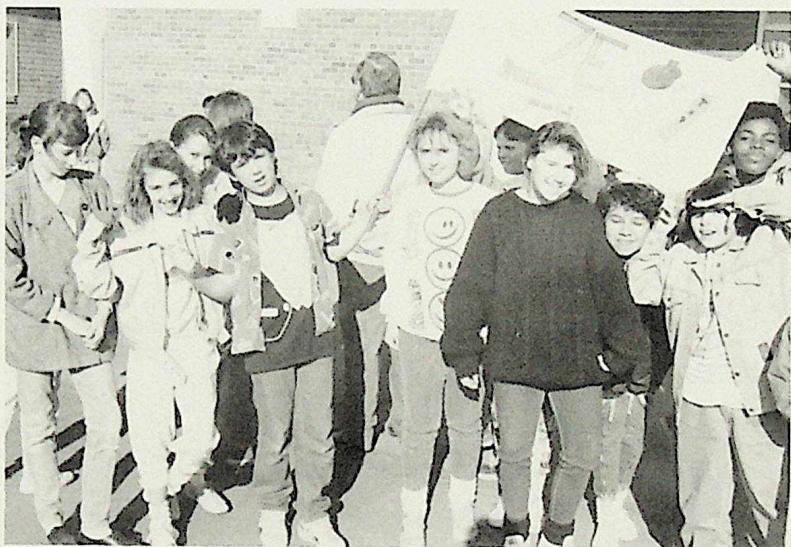


*The day was September 28, 1989, time 11:50. The students, staff and parents gathered in the south breezeway parking lot to have a noon barbecue. The teachers served up hot dogs, drinks and donuts while the Leadership class ran the penny carnival. It was such a good time that even the school's resource officer brought some of the guys to join in the fun.*





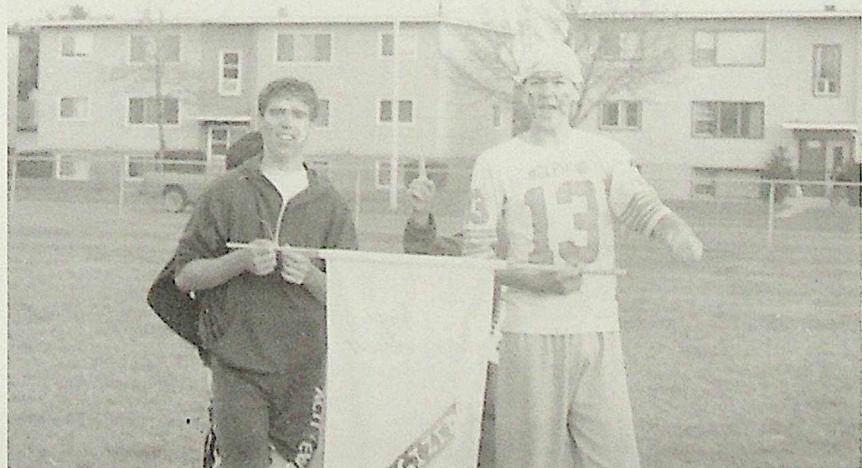
HOG



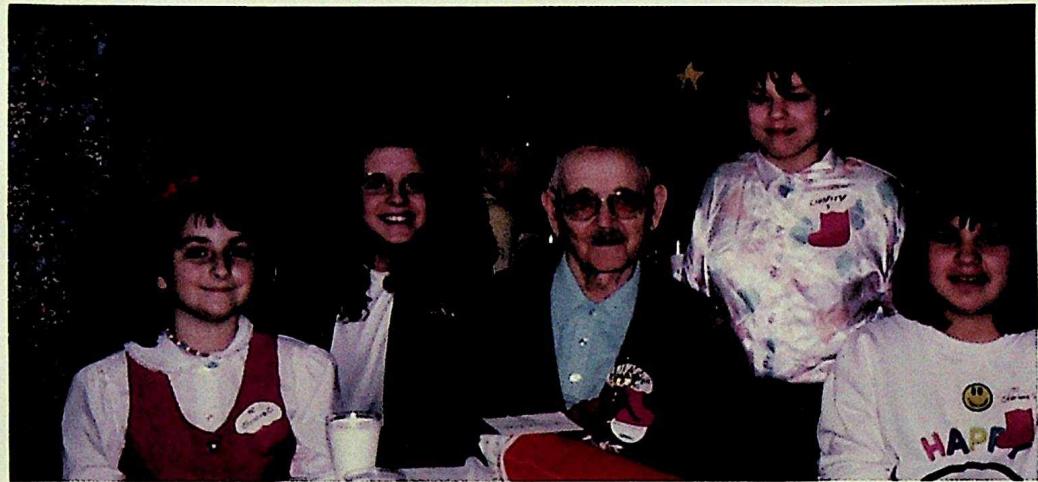
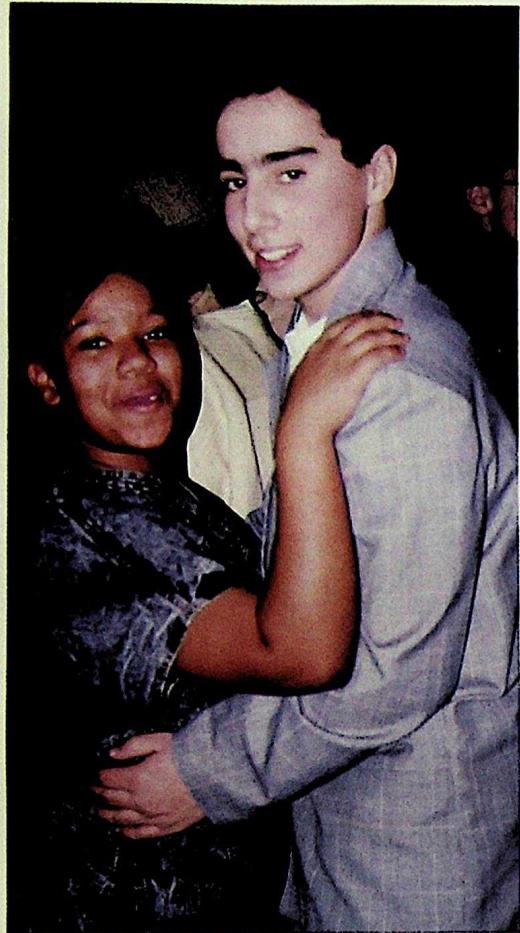
# DAYS

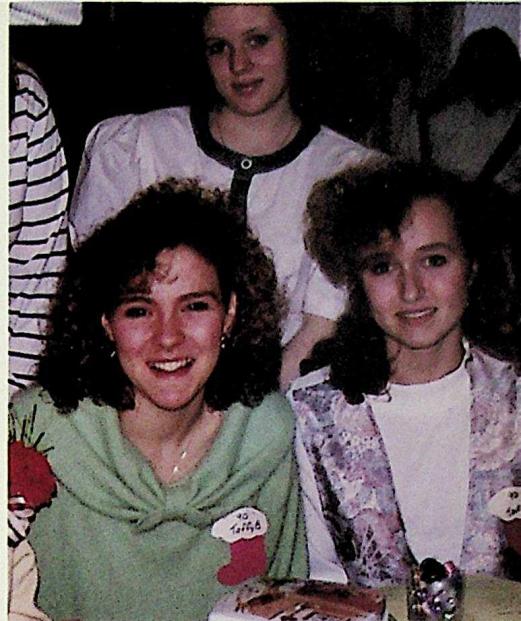


*Hog Days was another one of our successful events we have during the school year. All of the classes were in full spirit, even the ones that lost. Congratulations to the overall winners - 3rd place, 7C Mrs. Poznikoff's room; 2nd place, 8B Mr. Biggs' room; and overall 9C took the shoe.*



# A Special Moment at Highlands





December is a busy month at Highlands. When you walk down the hallways you can feel the excitement of the up coming holidays.

The main bulletin board is decorated by the Builders' Club. The main event calendar has the holidays clearly marked off. The office is decorated with Christmas cards sent by parents and students.

When you walk down the hallways and pass each homeroom you can see a brown piece of cardboard waiting to be decorated by the class. In other rooms you can see stockings sitting on the teacher's desk waiting to be filled for the grandparents.

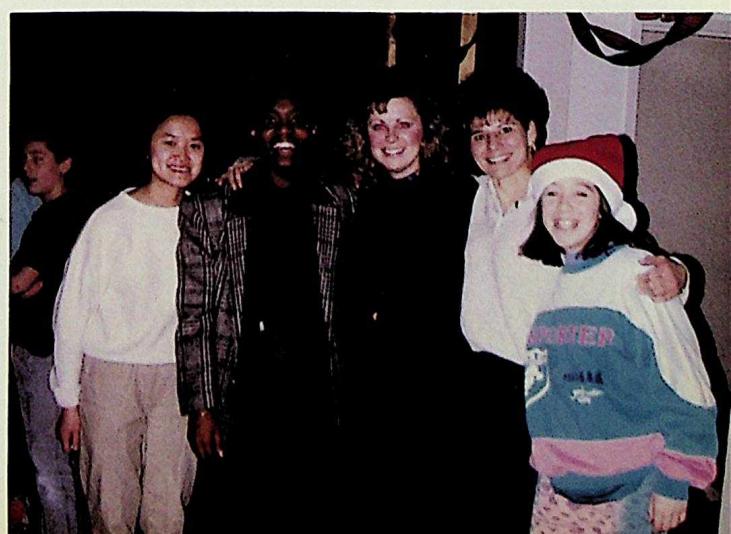
Each morning Mr. Dawson's announcements would be filled with meetings and rehearsals for the last day of school. Every one is busy. At lunch, people were either hurrying off to Miss Fedorak's choir practice, Mr. Maluzynsky's band class, Mrs. Mah's cheerleading practice, the Super Stars Contest put on by Mr. Pallet's Phys. Ed. Leadership class or going to homeroom to help put the panels together.

On Friday the hallways are filled with band students, cheerleaders, choir members, student hosts and busy teachers. Once the grandparents arrive they are hosted by each homeroom. Crystal Grimoldby emcees the short program put on by students. Then Santa drops by to present all the stockings.

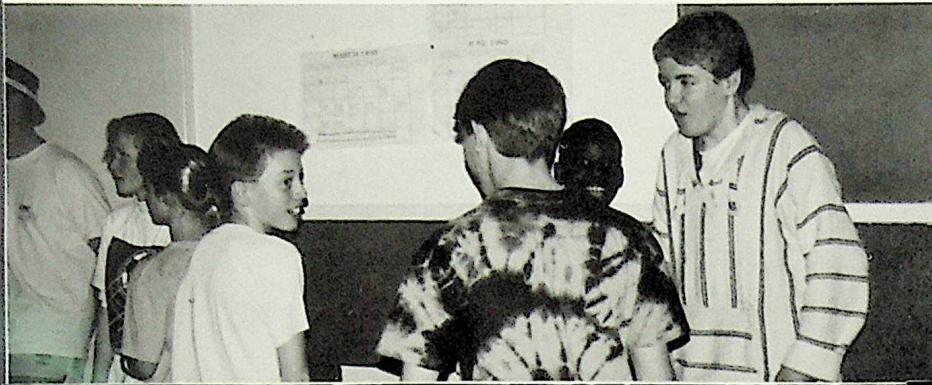
The panel winners were:  
third place - 9E (Mrs. Vansickle)  
second place - 8B (Mr. Biggs)  
first place - 7A (Mrs. Mah)

All of the panels were beautifully done!

In the afternoon the school danced off into the holiday. Everyone was extremely happy because this year the student body donated over \$1500 to Ched's Santa's Anonymous.

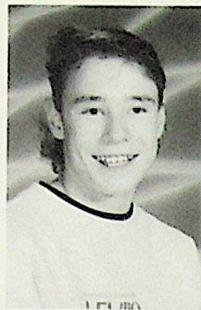


## GRADE SEVENS

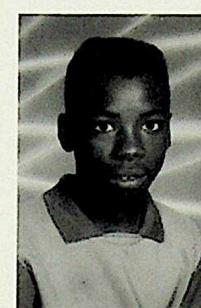
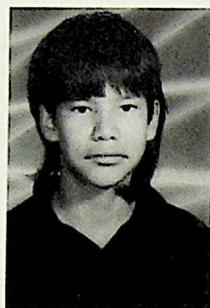


*I'm only one...*

# A



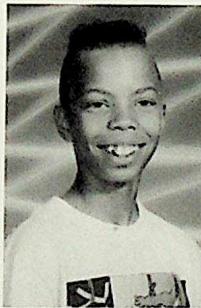
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Benson Vanessa  
Brar Micky  
Carlsen Sarah Ann



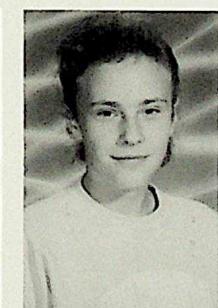
Castor Kevin  
Dam Linh  
Fowler Shane  
Headley Ken  
Leeder Neil



Lundin Heather  
Macdonald James  
Manning Charlene  
McKinlay Michael D  
McNeil Brandi



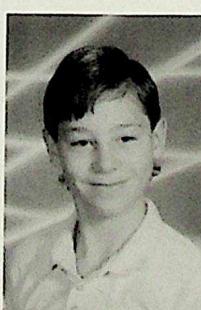
Murray Tyree  
Opalinsky David  
Poetz Ahlen  
Ram Renita  
Solomon Dustin



Sopher Amanda  
Westerlin Leeanne  
Wheeler Chelsea  
Willsey Michelle  
Zahorodniuk Nicole



# B



Bush Darren  
Danyluk Jerry  
Zajic Thomas  
Zylenko Dana

Fuentes Richard  
Geddie Kiley  
George Andy  
Gyselinck Jason  
Ho Nhung



Hrynyk Allen  
Huynh Huu  
Kryviak Leah  
Ladouceur Roxanne  
Lyseyko Jason



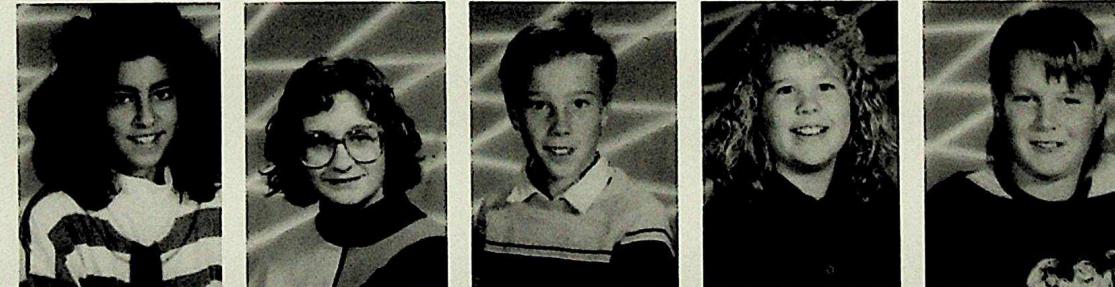
Malinowski Andrea  
Mandrusiak Michelle  
Morris Angela  
Nalayeh Saeed  
Nhan Yen



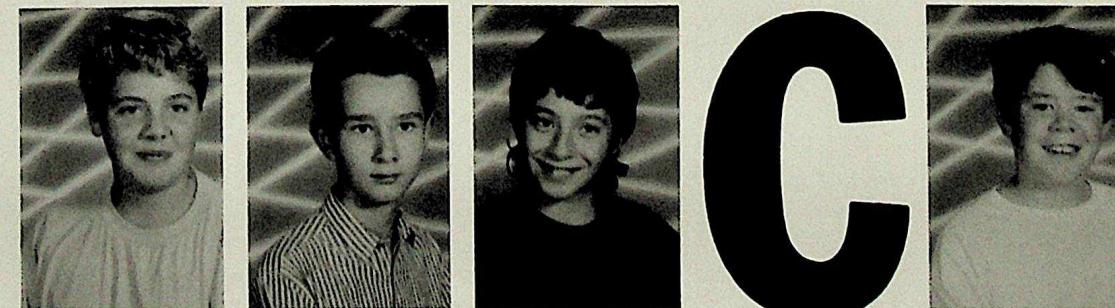
Palcza Jody  
Presiznuk Mark  
Radojcic Marian  
Ramalhete John  
Richardson James

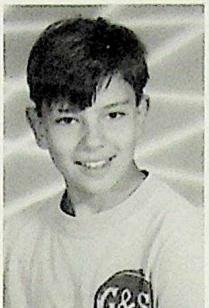
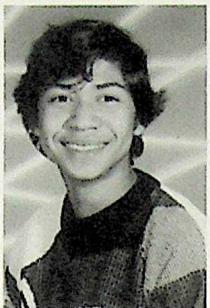


Seifeddine Wisal  
Spivak Jamie  
Stumborg Michael  
Sware Cari  
Vanamstel Craig



Vercholuk Andria  
Woodroffe Ken  
Thompson Shaine  
Agnew Darren





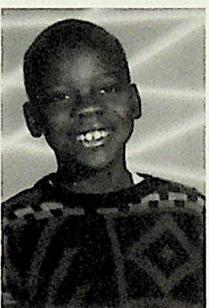
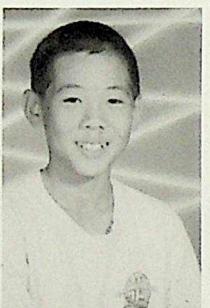
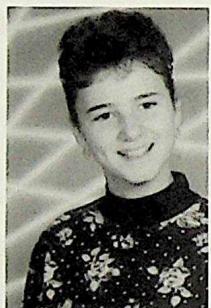
Baruzzini Keith  
Danyluk Kelsey  
Filbey Dale Lee  
Giron Carlos  
Gunther Joseph



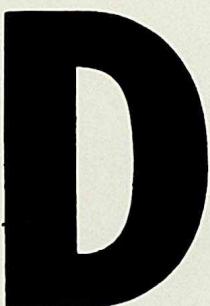
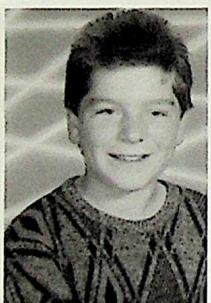
Heard Patrick  
Klauser Kelly  
Lack Tara  
Makin Jeremy  
McDermott Joanne



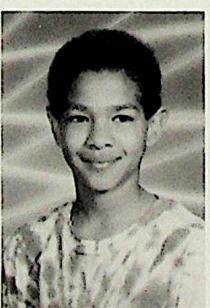
Ngu Kevin  
Osborne Michael  
Othitis Christine  
Richardson Jeffrey  
Sarca Claudia



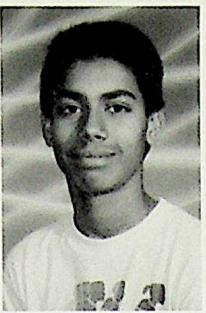
Sarca Ghizela  
Seto Coedy  
Smith Cynthia  
Szamosi Charlene  
Tomlinson Keipher



Tremayne Timothy  
Tustin Felina  
Ujueta Jaime  
Angecone Ronald



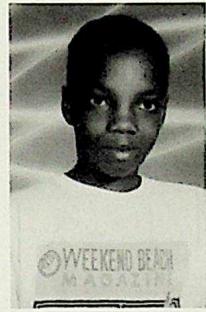
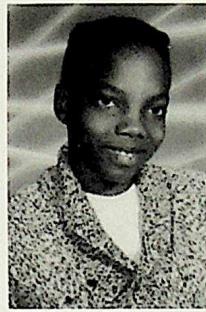
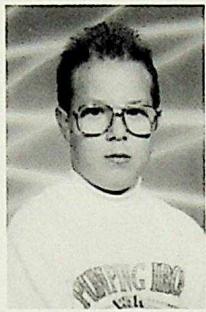
Barr Sean  
Blondin Amanda  
Cherewyk Jodi  
Daniel Teak  
Elaschuk Robynn



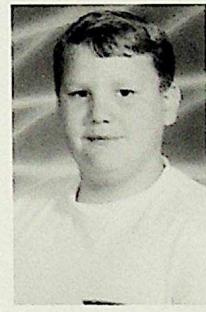
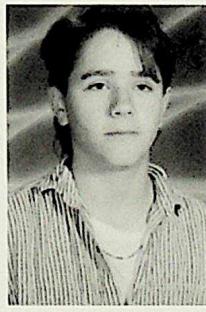
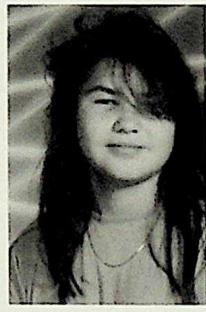
Lennie David  
Mudryk John  
Peck Tammy  
Protsack Michael  
Radic Sandiela



Shek Krista Lee  
Stannard Kevin  
Stenbeck Donna  
Stewart Addi  
Stewart Khari

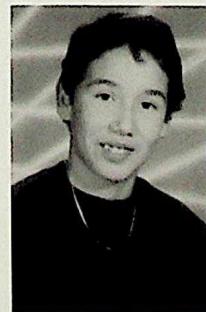
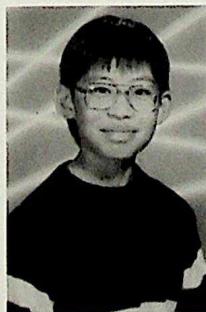
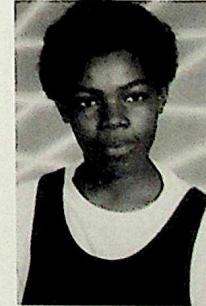
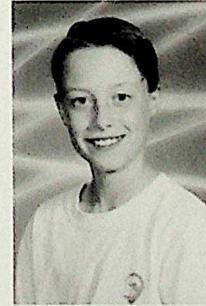


Storey David  
Strong Lisa  
Tremayne Brad  
Woywitka Michelle  
Young Neil



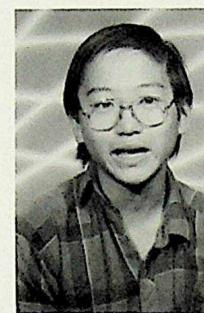
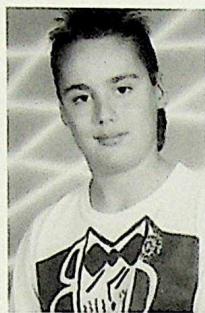
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Barros Paula  
Bourassa Mark  
Bovell Kim

E

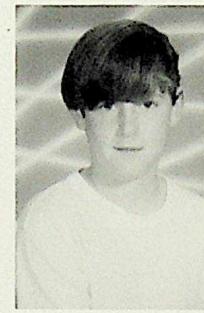
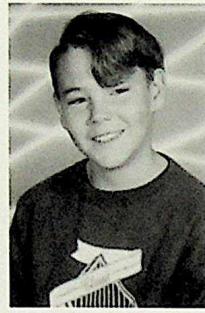




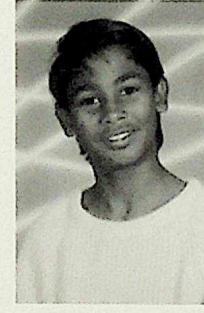
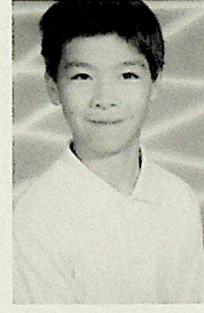
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Hayward Lonny  
Hinderks Kristy  
Hrynyk Terrence  
Ingram Corey



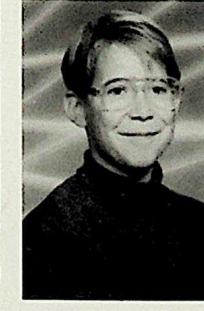
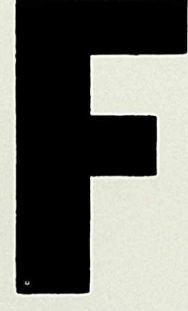
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Lubineniecki John  
Magana Vladimar  
Mah Ken  
Mcdaid Lorrie



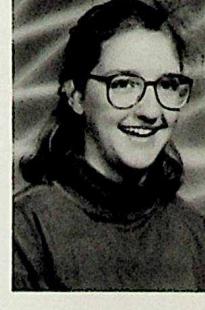
Millar Sheena  
Pequin Michael  
Quinn Chris  
Ranger Kelly  
Strikwerda Robynn



Sumra Gurminder  
Torres Maria  
Tu Kim  
Usman Riaz  
Walker Frances

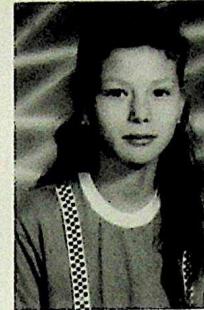
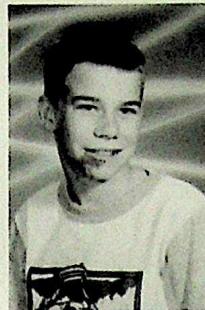


Wever Veronica  
Witts Michelle  
Aksidan Bernadette  
Barkway Craig



Cook Rachelle  
Decker Christine  
Forges Eileen Diedre  
Fulks Jasmine  
Heng Hem

Keeler Derrick  
Knudsen Christopher  
Lees Jack  
Lennie Jennifer  
Lester Amy



Letourneau Bradley  
Lewis Bethany  
Lindsay Tara  
Mawson Peter  
Mcara Shelley



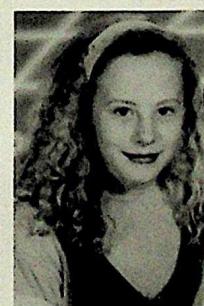
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Nham Tammy  
Pelley Jason  
Polanco Carla  
Prakash Annal



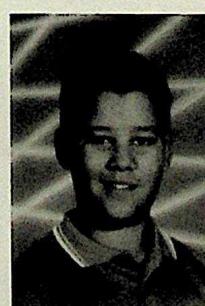
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Pullan Corinna  
Roberge Julie  
Russo Tony  
Scott Jennifer

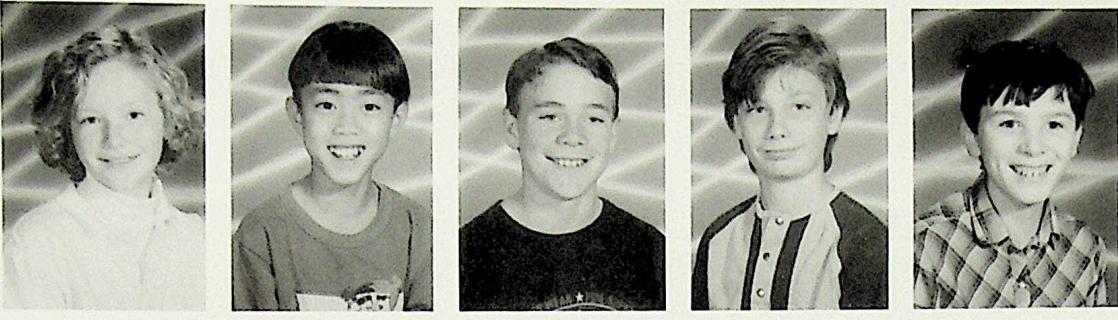


Vandeligt Robin  
Warren Tammy



Caines Andrew  
Clare Leah  
Clipperton John  
Corado Rosa  
Coulson Sarah

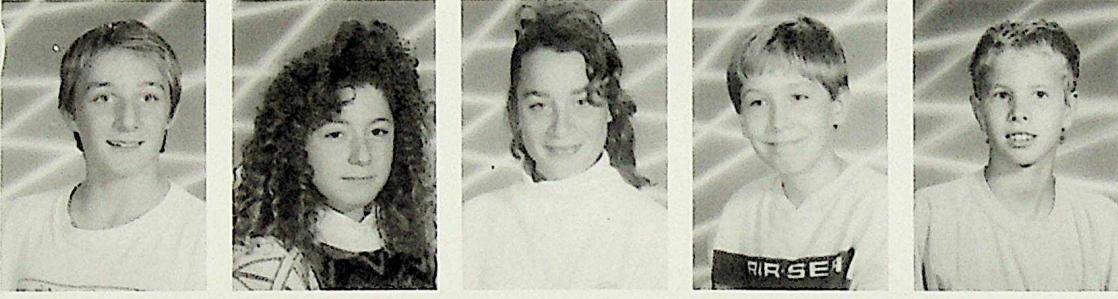




Cox Jayme  
Do Tuan  
Elliott Cory  
Ferguson Jason  
Gullberg Christopher



Kragnes Kalvin  
Leclercq Michelle  
Maclowick Brandy  
McEwan Shilo  
Newton Christopher



Partride Randy  
Perlitz Stacey  
Plunkett Amy  
Quast Jacob  
Rafuse John

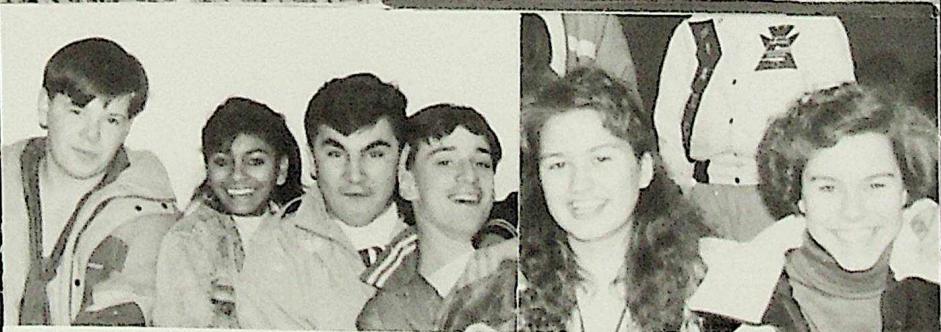
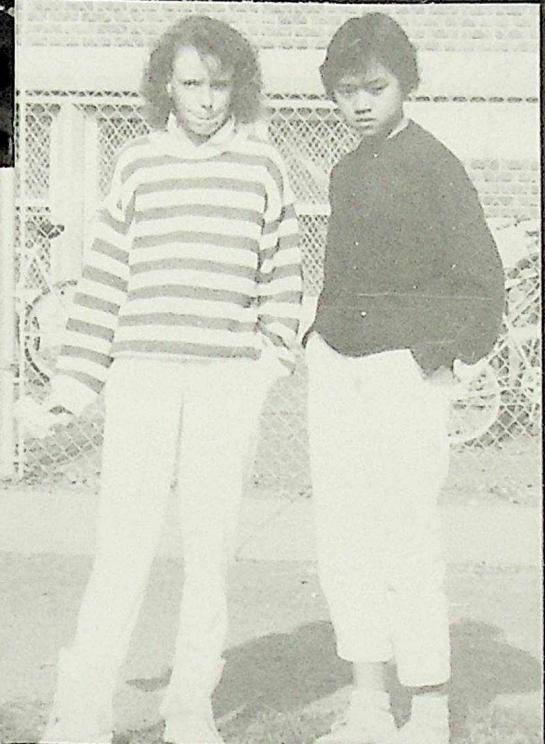
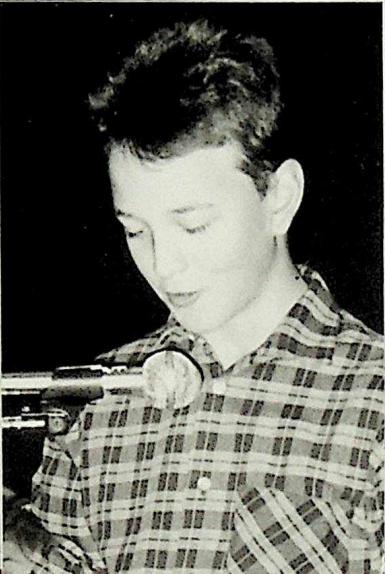
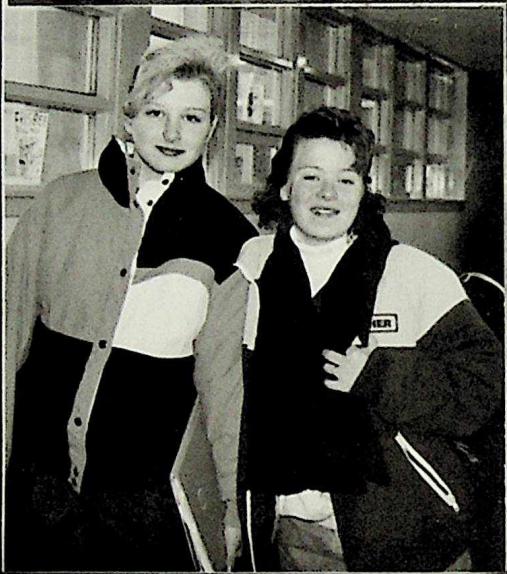


Rutledge Crystal  
Suprovich Tracy  
Thompson Matthew  
Tran Mary  
Veres Joshua



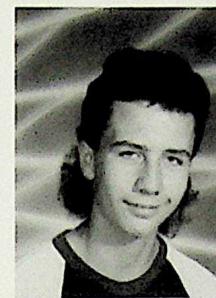
Windjack Andrew  
Wiwchar Trevor  
Yee Joyce

## GRADE EIGHTS

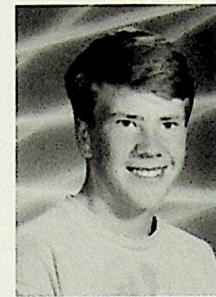


*But not alone*

# A



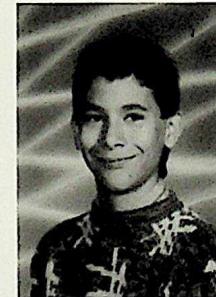
Anderson Edward  
Brass Angela  
Butuk Tracy Ann  
Bytynen Michael



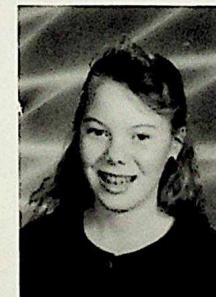
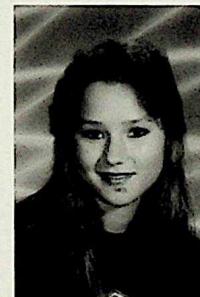
Ferguson Nicole  
Gounder Sharon  
Ha Quang  
Headley Belinda  
Hearn Scott



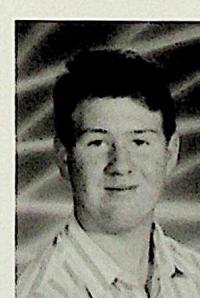
Houle Robby  
Hrab Sabrina  
Martin Warren  
Matter Ted  
Nunes Peter



Paran Danny  
Plunkett Richard  
Potratz Troy  
Yurko Schmutz Angie  
Schneider Joel



Stankiewicz Kerri  
Stirrat Jody  
Stratichuck Chris  
Vevoda Jeannette  
Yarrow Nikole



Bailey Isho  
Barton Jarvis Arvel  
Blundell Terry  
Bourque Michelle

# B

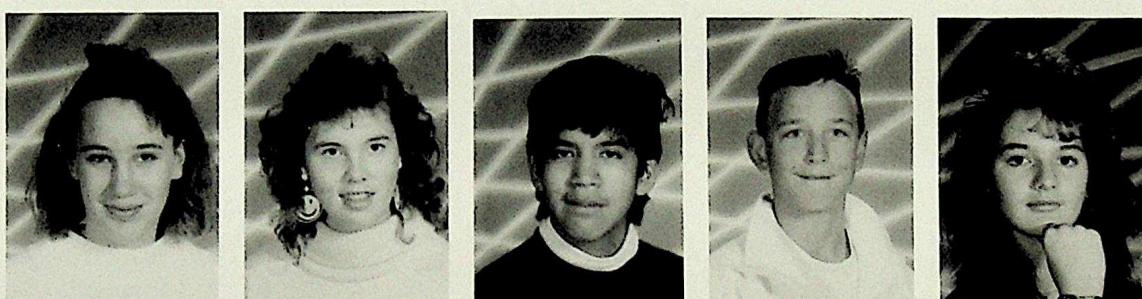
Bugnet Nolan  
Cheung David  
Drummond Jason  
Edgar Lisa  
Elund Tanya



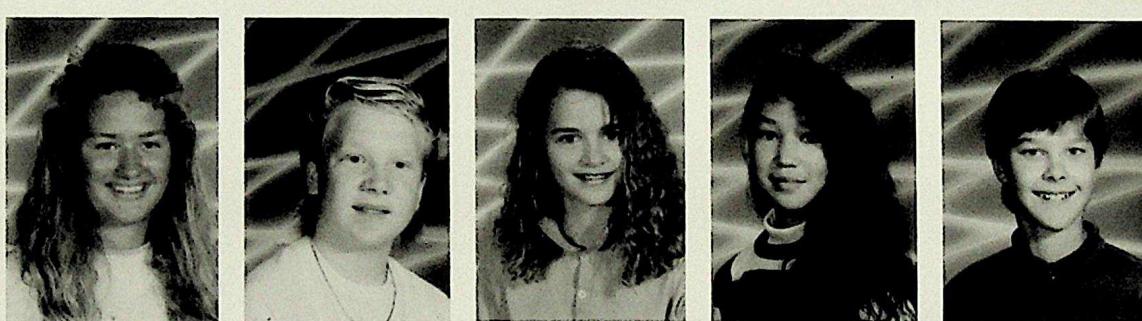
Frederick Nathan  
Hofstede Christine  
Horhut Mel  
Horz Chris  
Huynh Tri Kiet



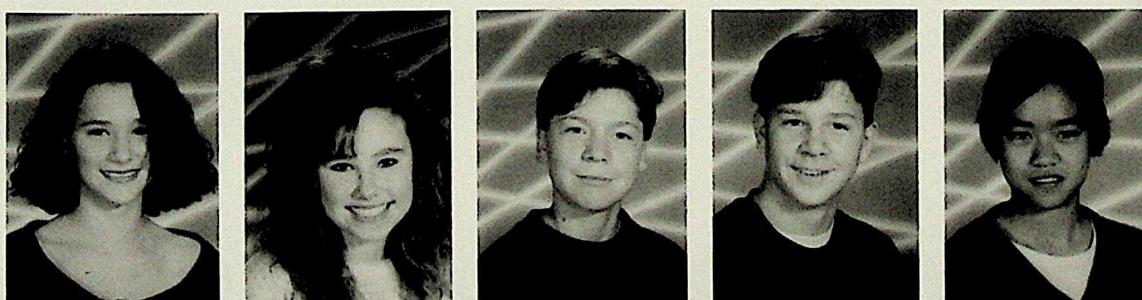
Kesta Rychel  
Key Rochelle  
Kootenay Don  
Loga Casey  
Lutz Tammy



Maheden Kim  
Malcolm Patrick  
Masse Keely  
Nuthall Jade  
Opalinsky Ken



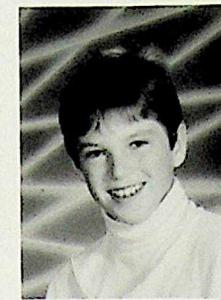
Rogocky Brandi  
Storozynski Candis  
Tymchuck Kirk  
Williamson Scott  
Young Becky



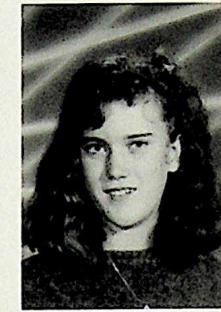
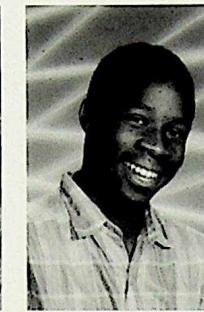
Bonise Leisa  
Brabazon Christopher  
Fong Tsing  
Gado Franky

C

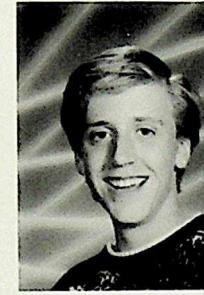




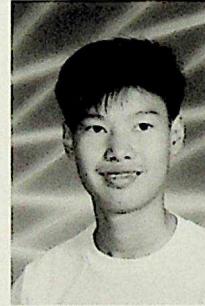
Grams Christine  
Hardowa Julie  
Hennawi Fay  
Ho Anita  
Hrynyk Chris



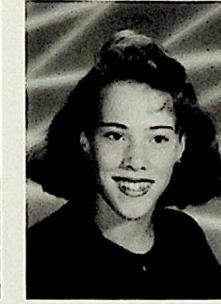
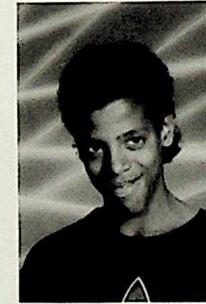
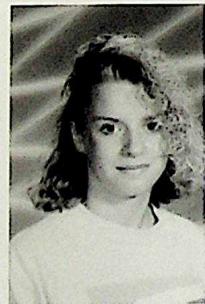
Iseke Lorn  
Jagodzinsky April  
Klann Gerhardt  
Knights Michael  
Komarynsky Laura



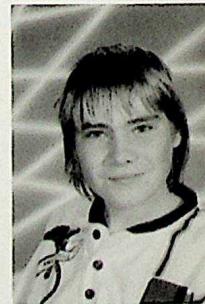
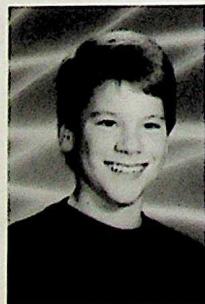
La Anna  
Ma Henry  
Macintyre Carrie  
Mattern Sean  
McDonald Adrienne



Mount Stephen  
Pham Tuan Mlnh  
Radojcic Zorica  
Rae Tamara  
Sakaluk April

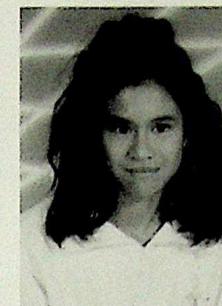
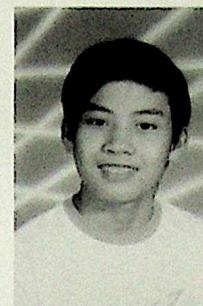
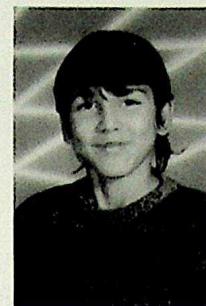


Sanden Jaime  
Spivak Maureen  
St Louis Taite  
Steinburg Shane  
Watson Sarah



Webster Jason  
Zuk Matthew  
Bang Thanh  
Bartlett Jeramy

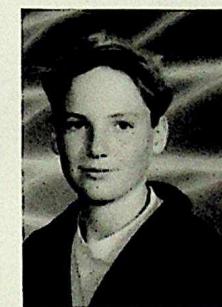
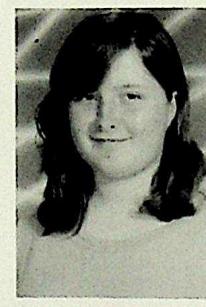
Bisch Stacey  
Cardinal Amy Lyn  
Clarke Steven  
Duong Dat Tuan  
Ha Le



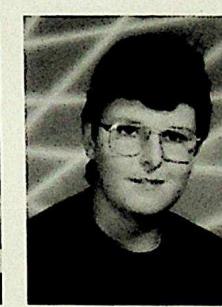
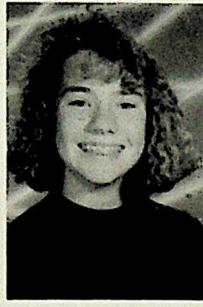
Knight Lacy  
Heng Pheng  
Leung June  
Ly Richard  
Mah Samson



Mah Tim Junior  
Manah Ameara  
McDonald Stephanie  
Neudorf Amanda  
Noyce Derek



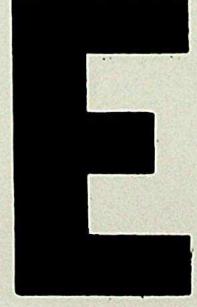
Pancel Charlene  
Pearson Lisa  
Robertson Jeni  
Smith Josh  
Rutledge Peter

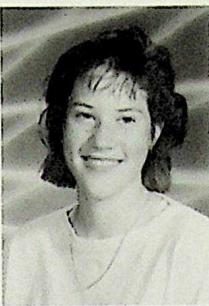
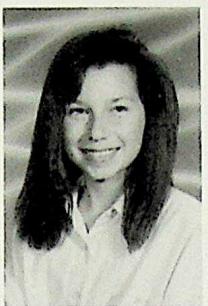
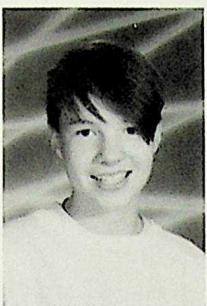


Sembaliuk Charlene  
Splawinski Tracy  
Thompson Roxanne  
Tien Hong Cam  
Williams Nadine

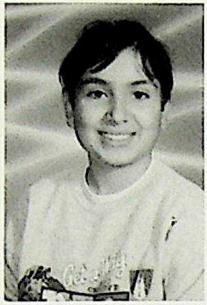


Witwicki Joanne  
Yan David Haiwen  
Anderson Myka  
Ao Suzanne

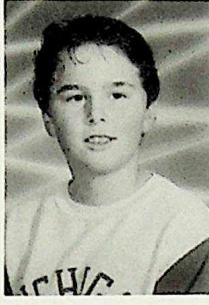
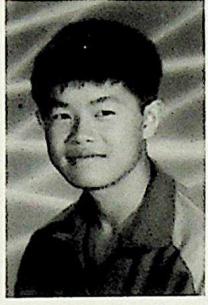
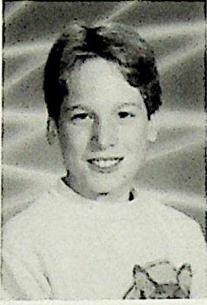




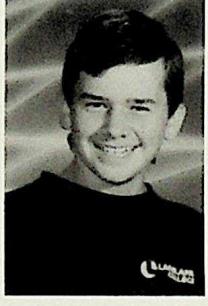
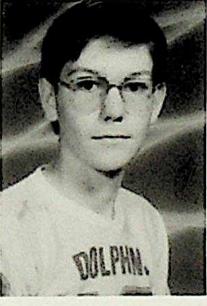
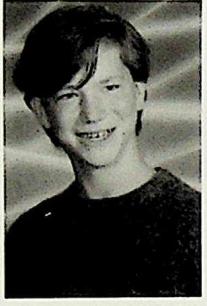
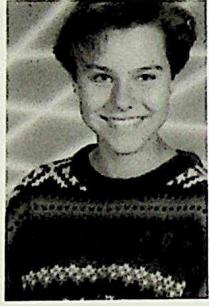
Balanecki Ryan  
Boyden Bradley  
Buha Trelaine  
Chyz Candice Adele  
Collis Leigh



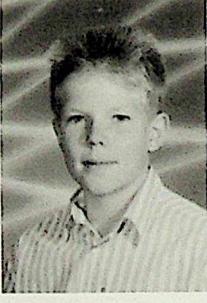
Cook Shane  
Cordeiro Victor  
Debolt Jennifer  
Druar Rhonda  
Grycan Jeff



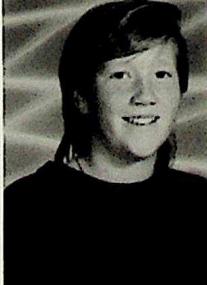
Hale Shelley  
Hrab Leah  
Kienzler Jonathan  
Kong Min  
Lammie Brent



Maheden Andrea  
McBride Jason  
McLaren Dan  
Niblock James  
Philpott Kim



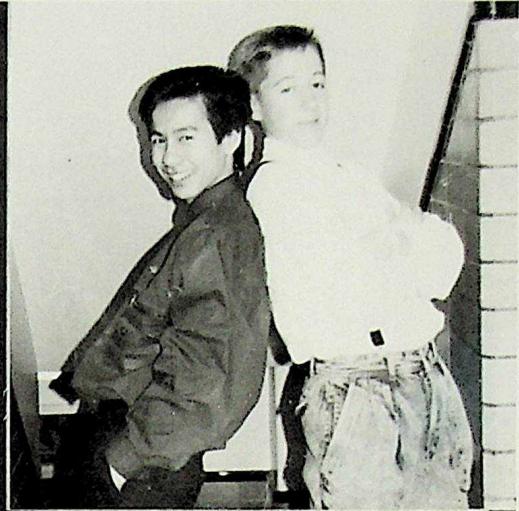
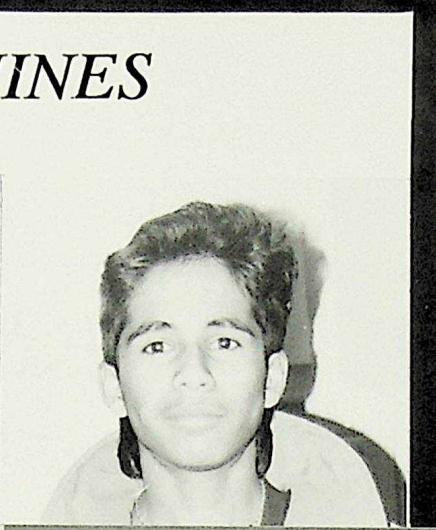
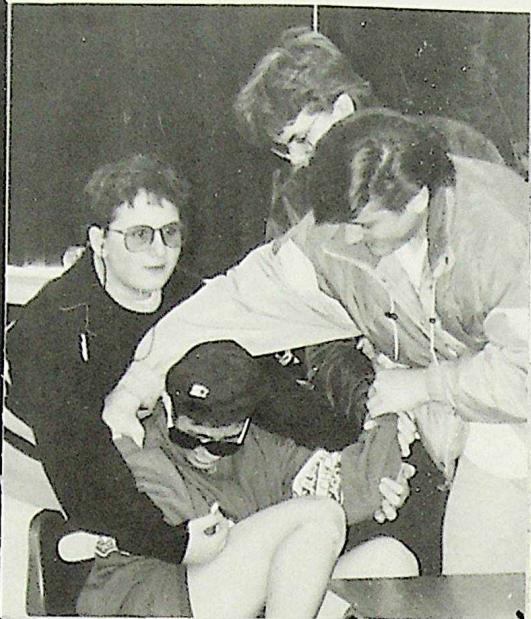
Pilip Kent  
Pulford Tim  
Roberts Topher  
Savoie Angela  
Sitsma Ang



Steffler Dawn Marie  
Stelfox Amanda  
Teghtmeyer Patrick  
Trach Tara  
Lacroix Judith

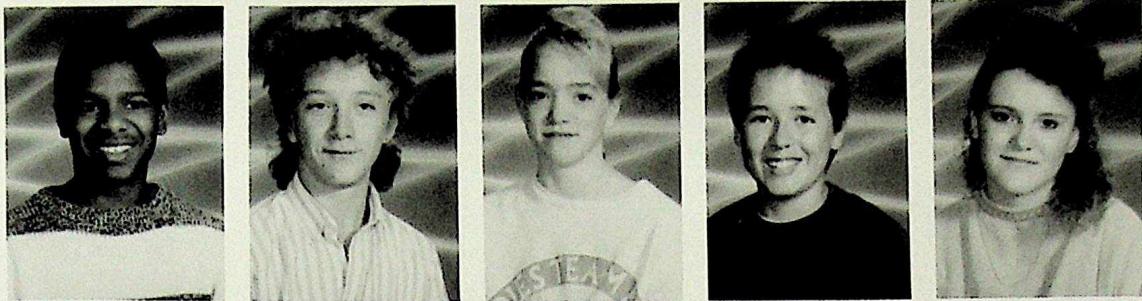


## GRADE NINES

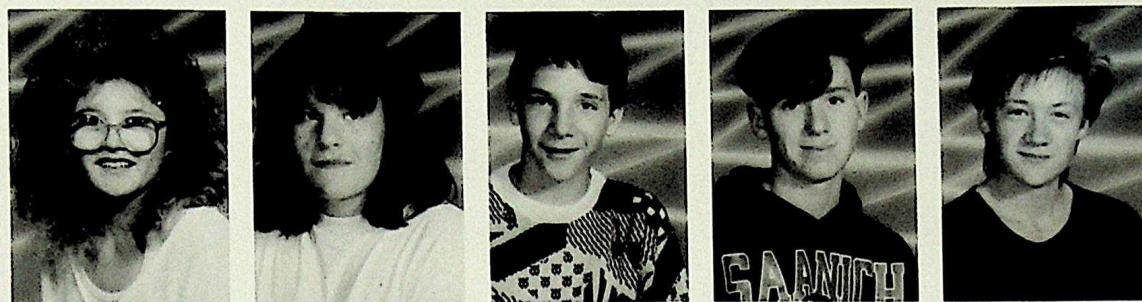


*My finest day  
Is yet unknown.*

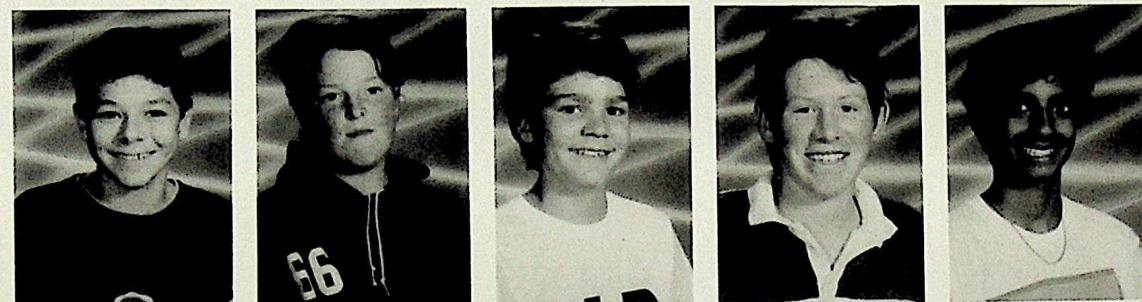
Alexander Keene  
Butler David  
Cox Cindy  
Davies Curtis  
Deakin Ramona



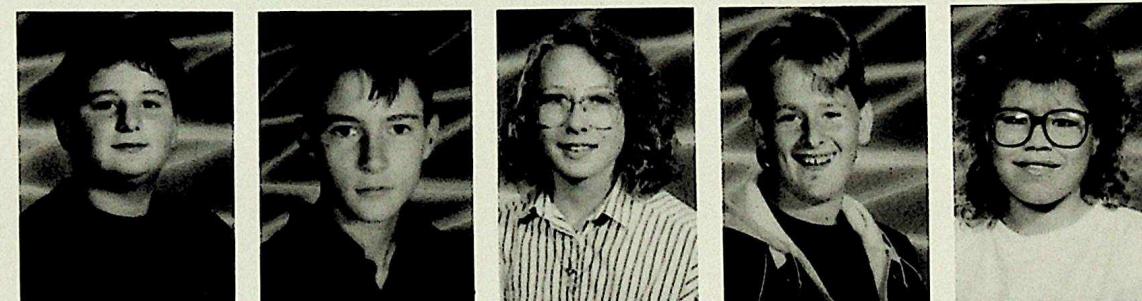
Erasmus Laura  
Ferguson Danielle  
Fulks Andrew  
Herring Rob  
Klassen Jason



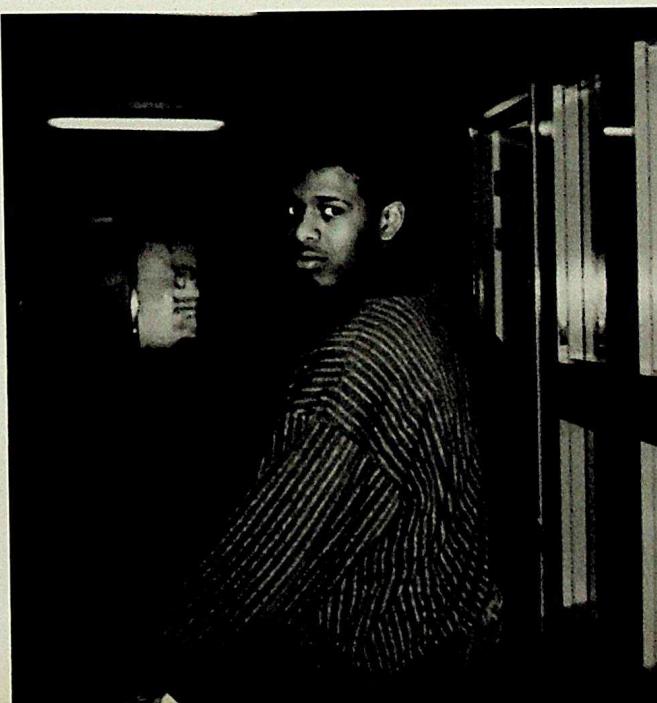
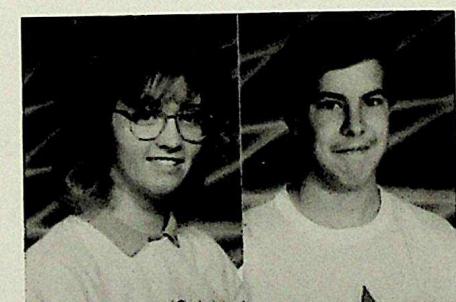
Martin Micheal  
Osborne Kevin  
Perron Jason  
Pohl Arnold  
Ram Daniel

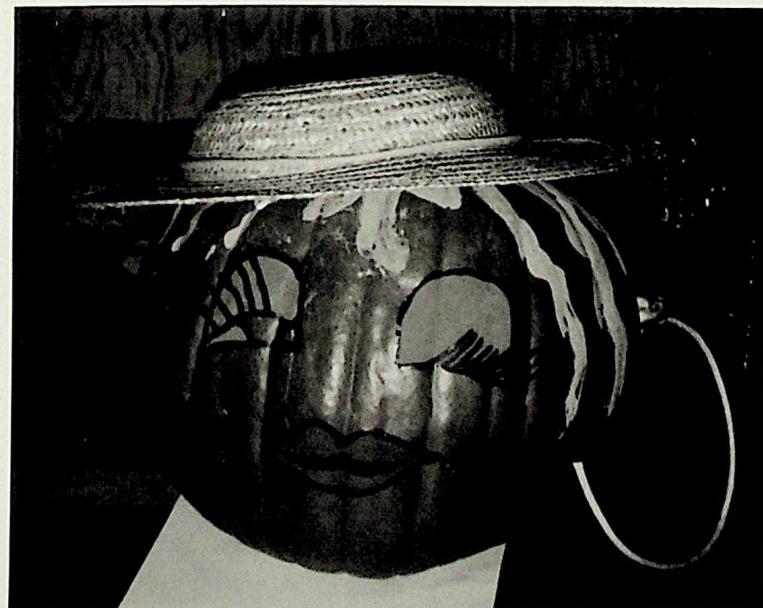
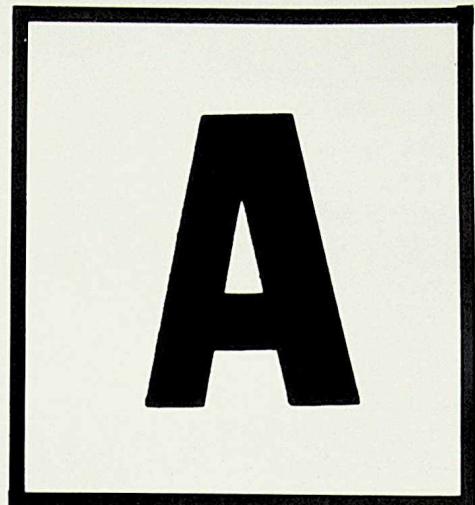
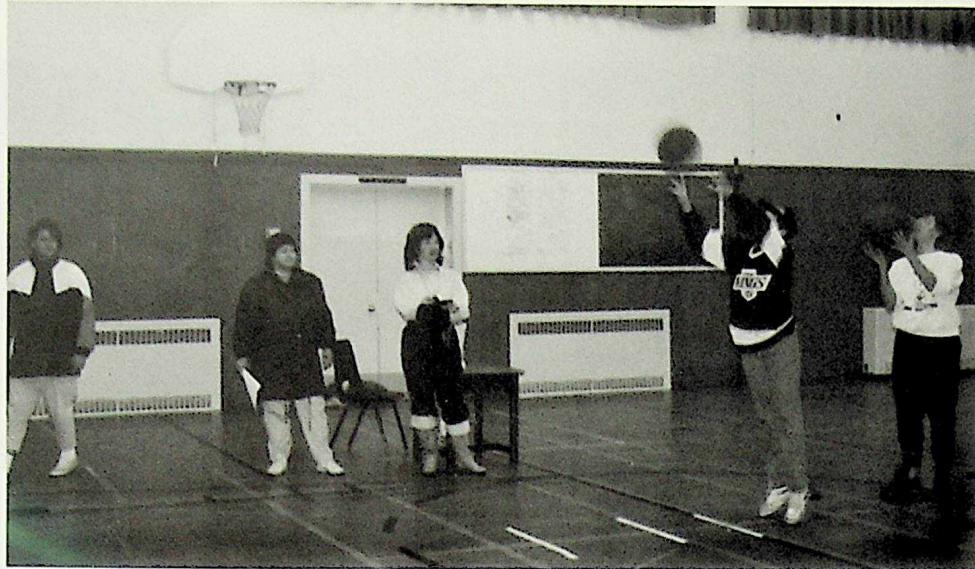


Robinson Colin  
Sargent Dave  
Splawinski Tam  
Tennant Stewart  
Whitford Korren

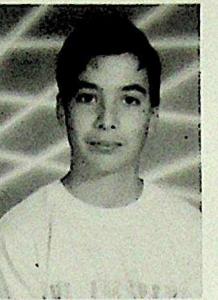
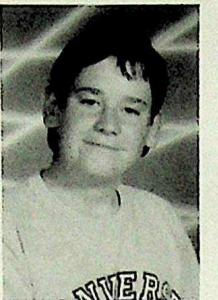


Wilkinson Shannon  
Williams Barry

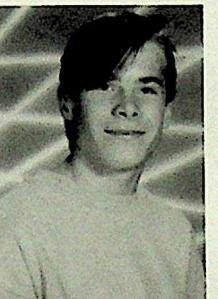




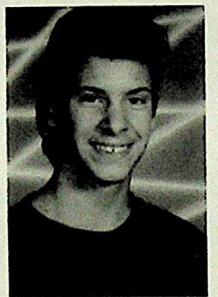
Beaudoin Jeanine  
Birch Allan  
Bogojevic Dusan  
Chambers Nancy  
Cottrell Sarah



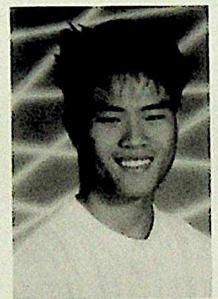
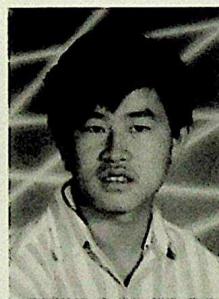
Derko Michael  
Ducharme Deinse  
Guthrie Robert  
Gyselinck Calvin  
Havlik Judy



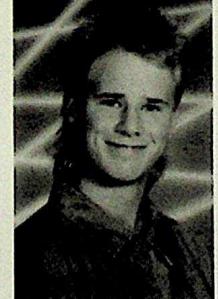
Hennig Danielle  
Hutchings Steven  
Johnson Graham  
Kenchington Bradley  
Kim Hyun Ji



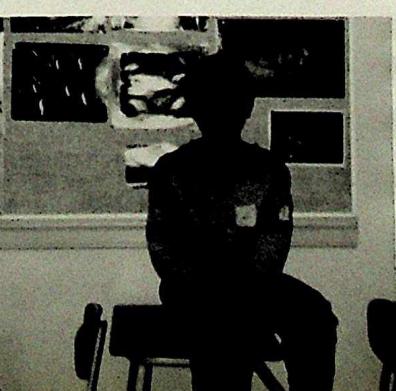
Kong Lee  
La Trung Kim  
Lavallee Tracy  
Leach James  
Lotocki Colleen

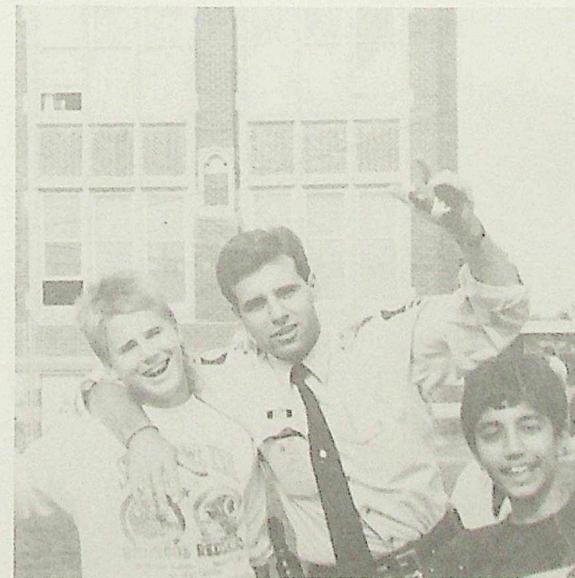
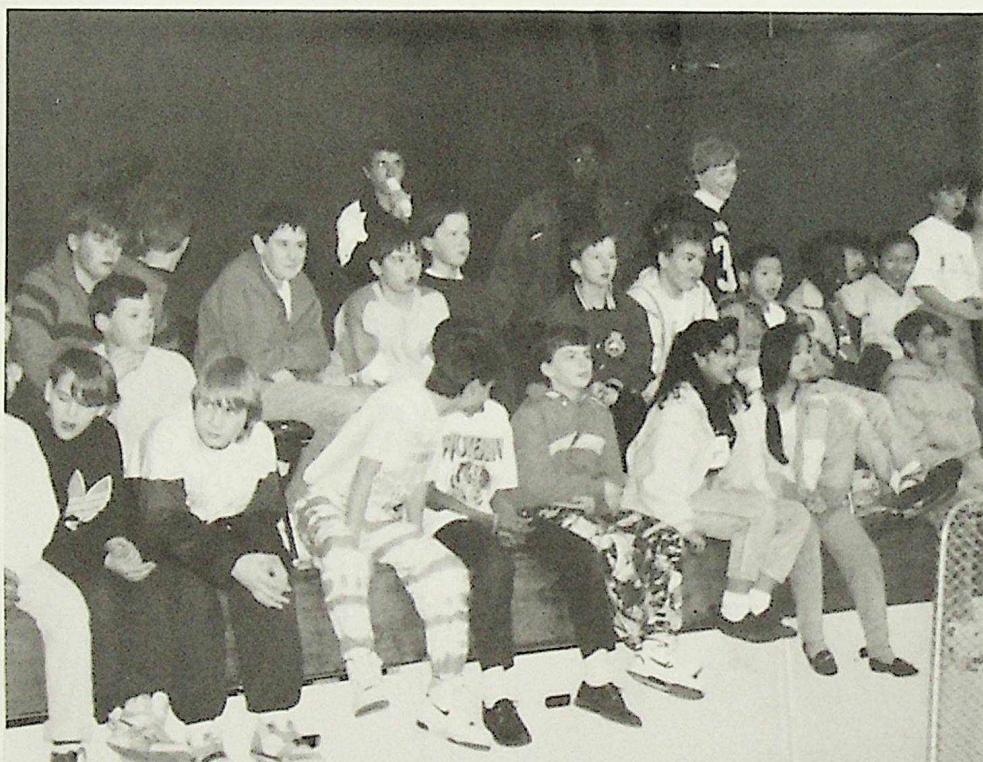
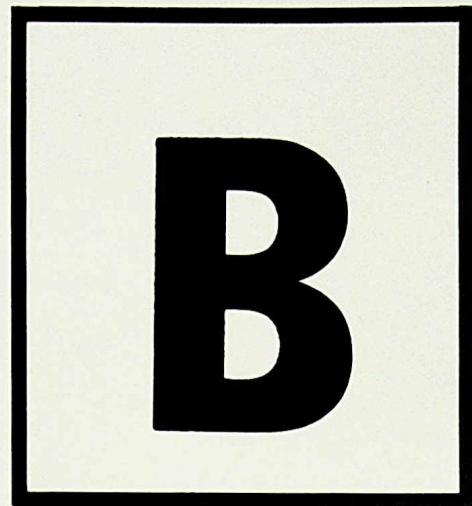


Ly Vy  
Miller Mike  
Rehaume Miranda Leah  
Salaluk Miller  
Sikora Darrel



Sulea Maria  
Ungeran Tara  
Wong Ca-shing

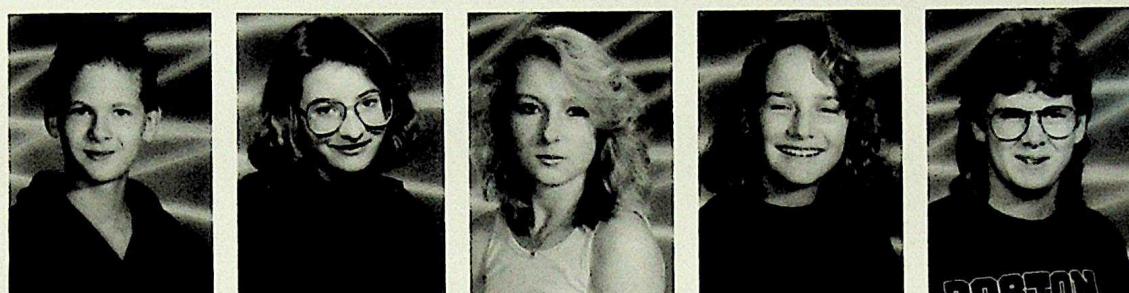




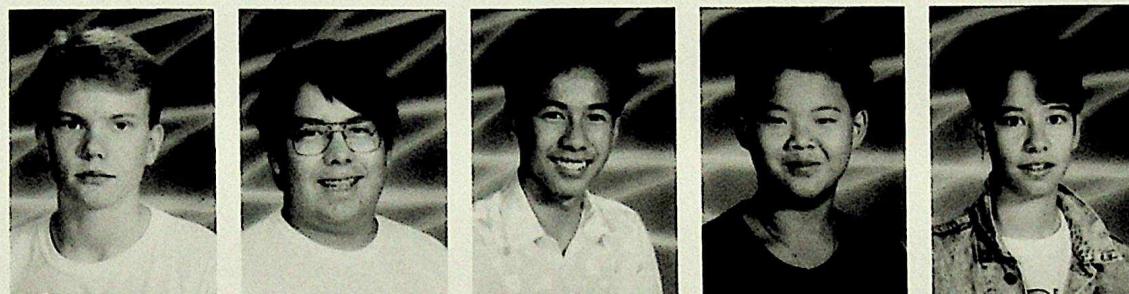
Bartlett Shyloh  
Cardinal Terry  
Chand Angela  
Christiansen Candy  
Day Chris



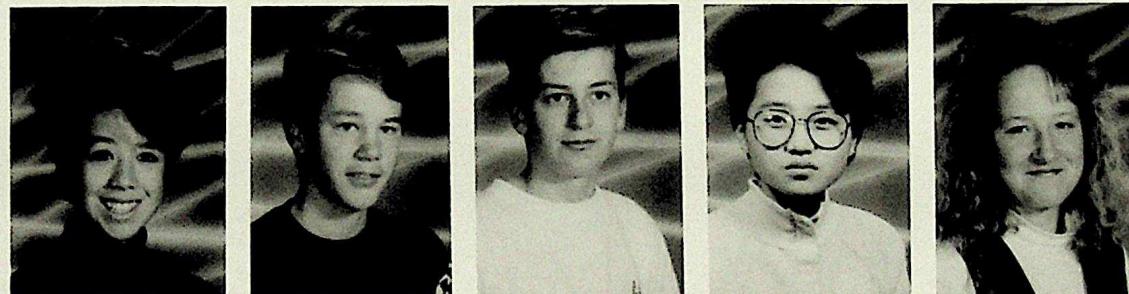
Gafka Travis  
Gallacher Shannon  
Haight Kaczor J  
Halas Kristy  
Haryett Robert



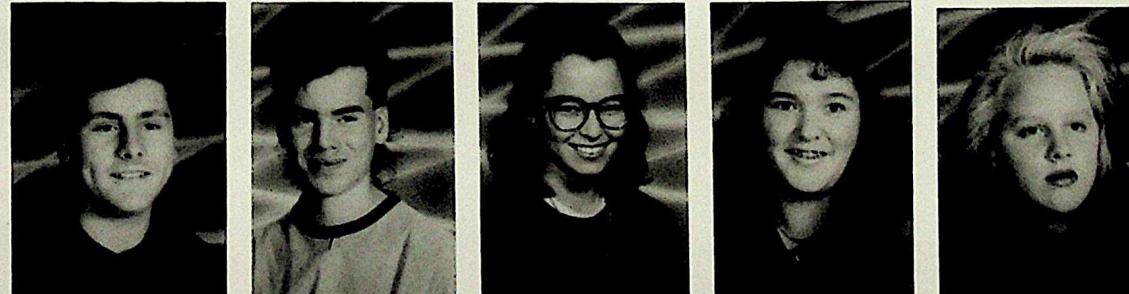
Hoffman Derek  
Laflamme Steven  
Lu Hien  
Mah Lawrence  
Martinez Chris



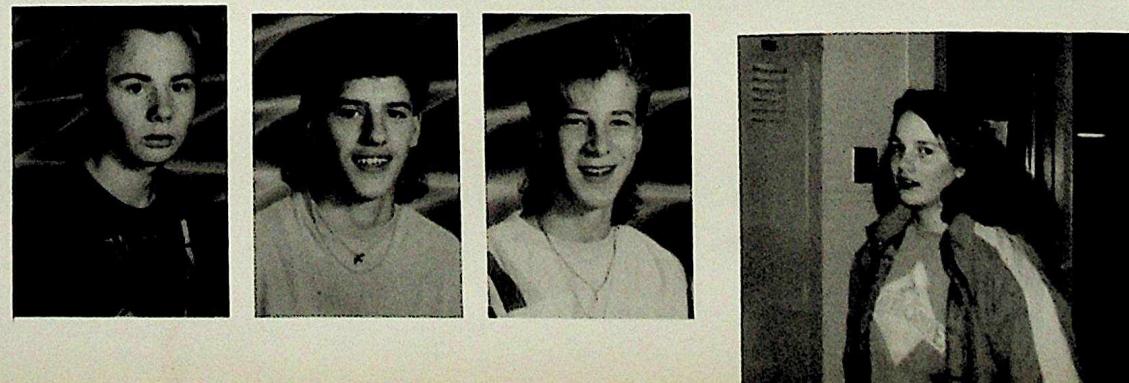
Maurice Shannon  
McIntyre Christopher  
Oliver Jason  
Park Chung  
Pederson Kelly

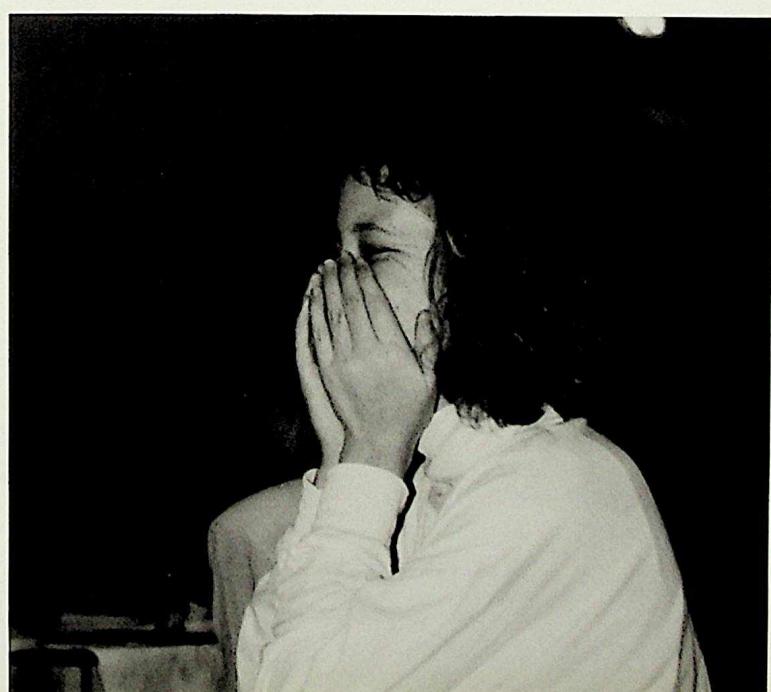
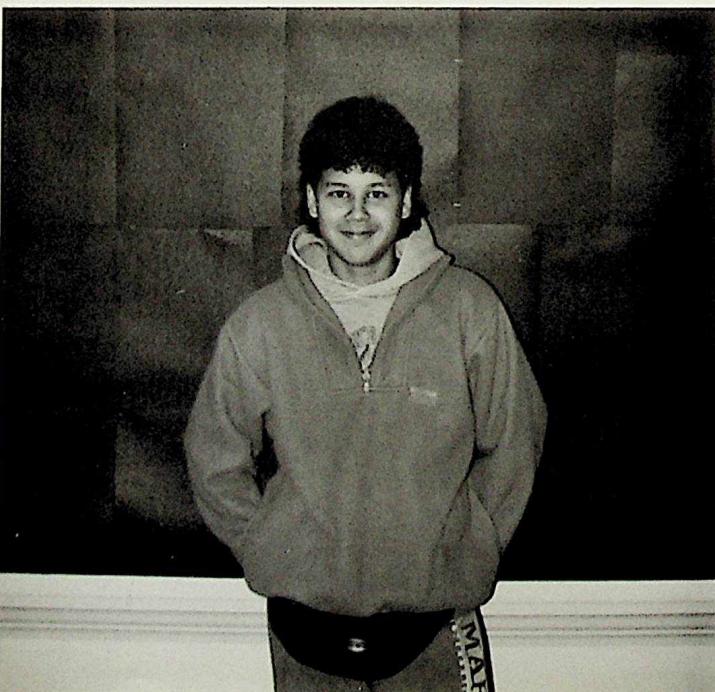
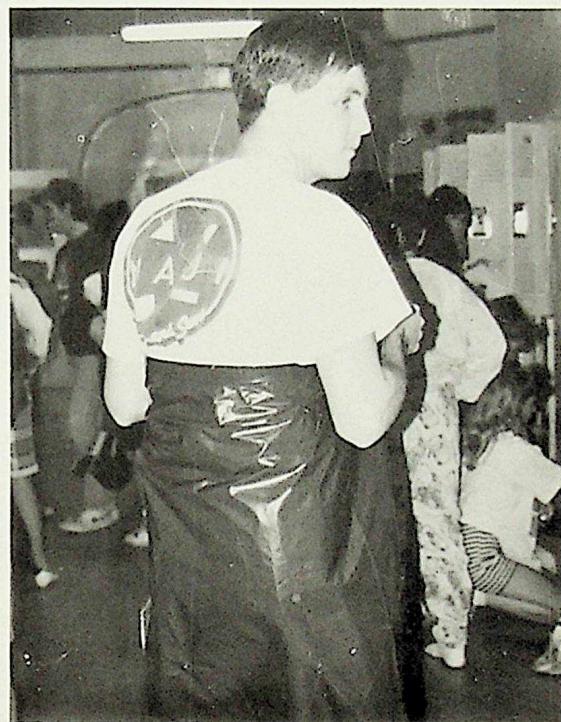
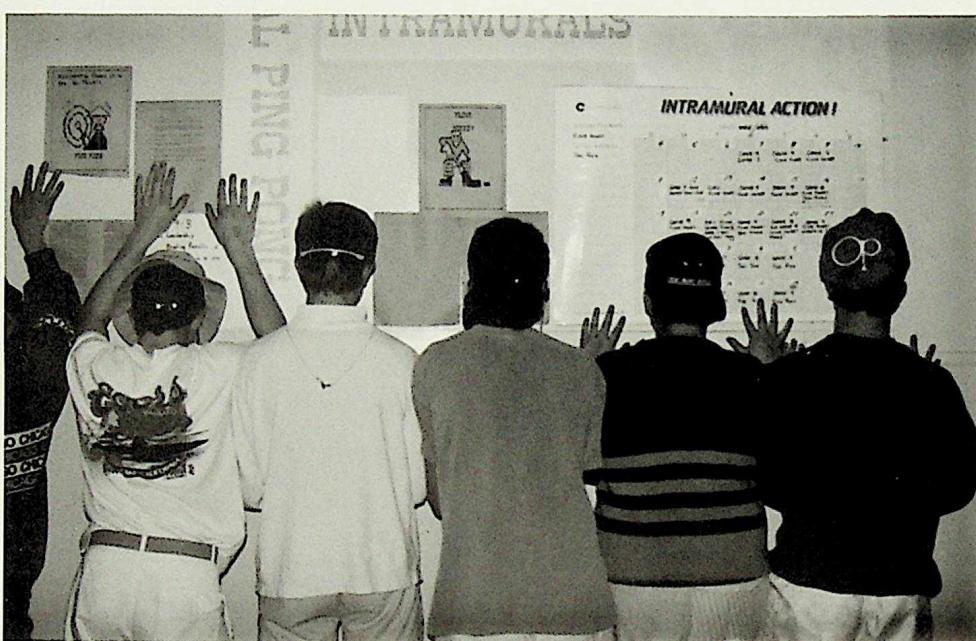
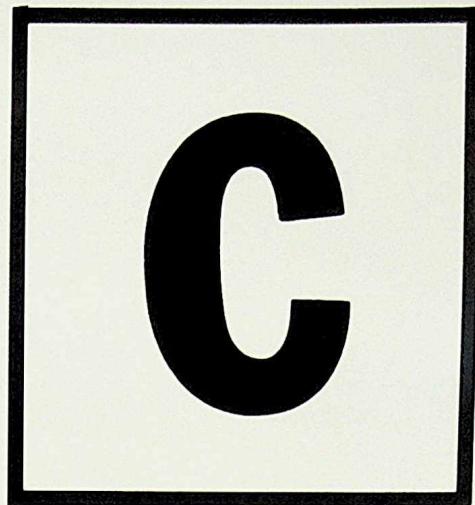


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Shaw Naomi  
Shemko Wendy  
Taylor Michelle

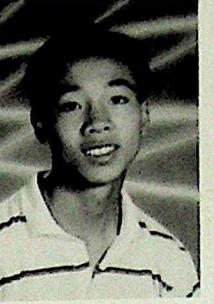


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Yalowica Darcy  
Yarrow Chad

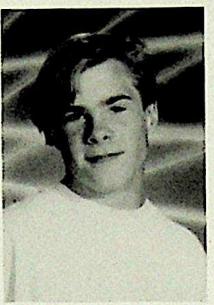
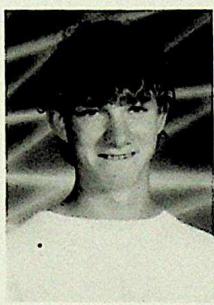




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Bozcea Adam  
Brown Colleen  
Cherewyk Jacqueline  
Chhan David



Duong Phuong Diem  
Grahn Robert  
Guthrie Kenneth  
Johannsen Jodie  
Kinjerski Jacqueline



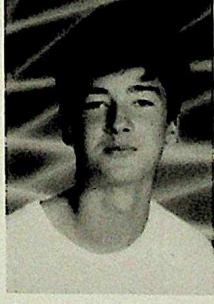
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Li Kim  
Mattern Danny  
McIntock Todd  
Moell Tammy



Mohammed Ian Andre  
Nalayeh Hodan  
Nguyen Giang  
Pham Thao Trung  
Prakash Anjaline

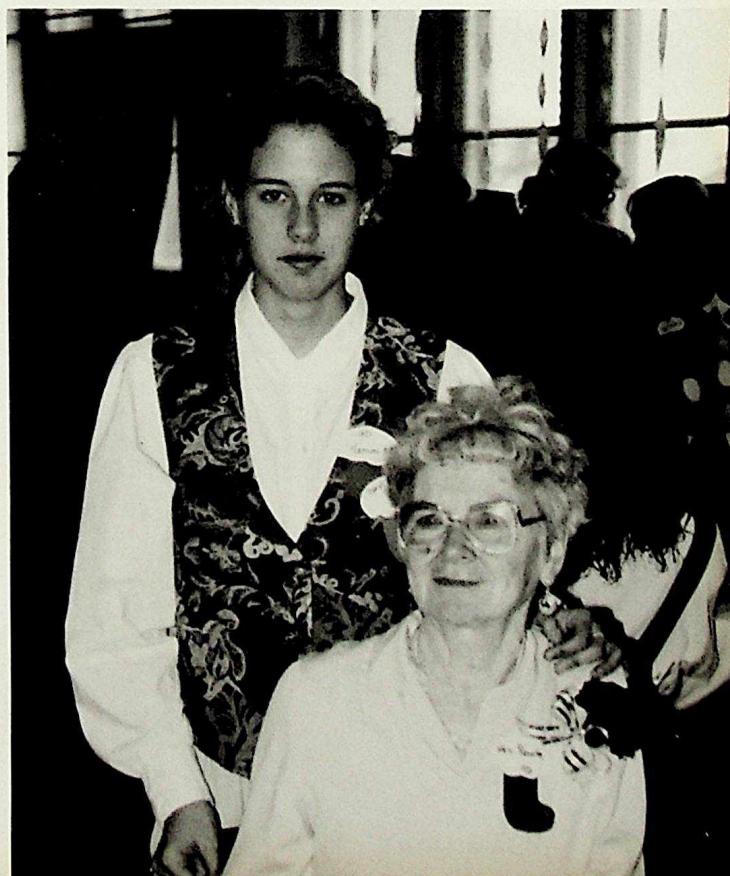
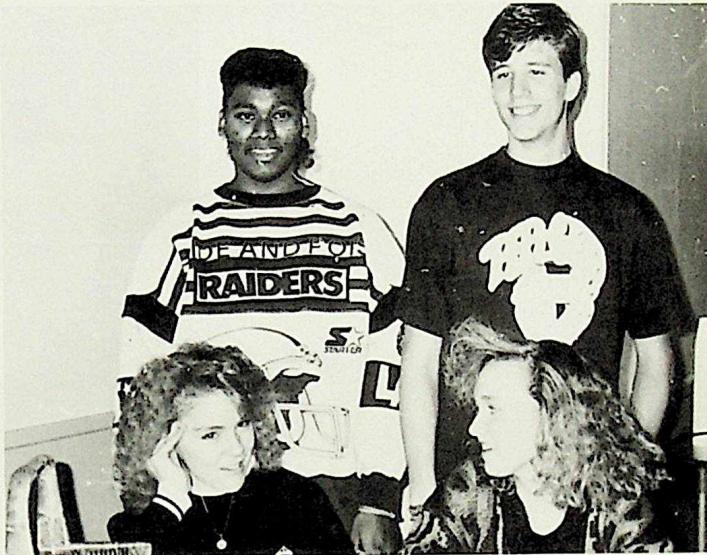
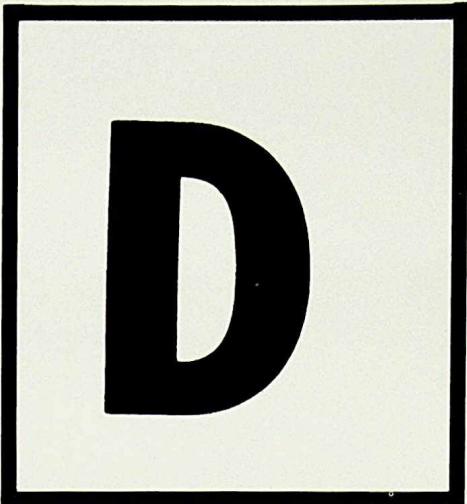
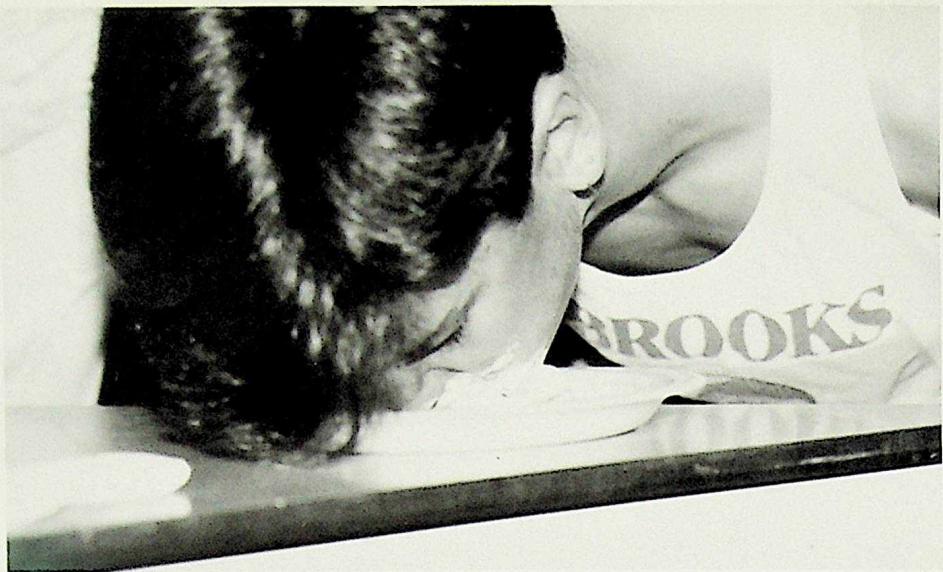


Richardson Danni  
Richardson John  
Semeniuk Craig  
Swiderski Yul  
Tran Chan Tu

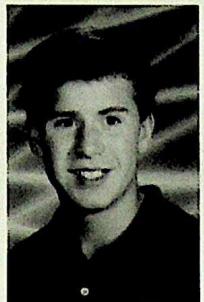
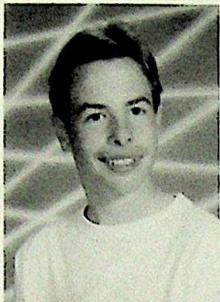


Webster Michael  
Young Eddie

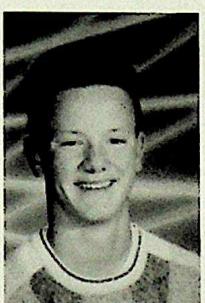
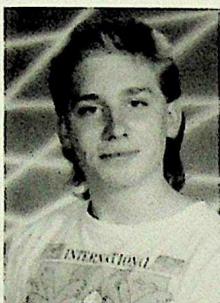




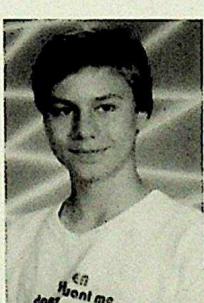
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Barkway Ryan  
Brar Neeru  
Caines Renee  
Chapin Danielle



Chinery Sean  
Cordeiro Philip  
Cox Jerad  
Domenichelli Hnat  
Doyle Stacy



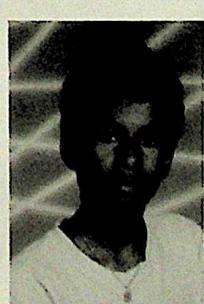
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Grimoldby Crystal  
Hinderks Kerrie  
Howarth Jason  
Jackson Nonnie



Lack Darryl  
Lavine Patrick  
Lawrence Scott  
Mah Sharon Joannie  
Mayes Edana

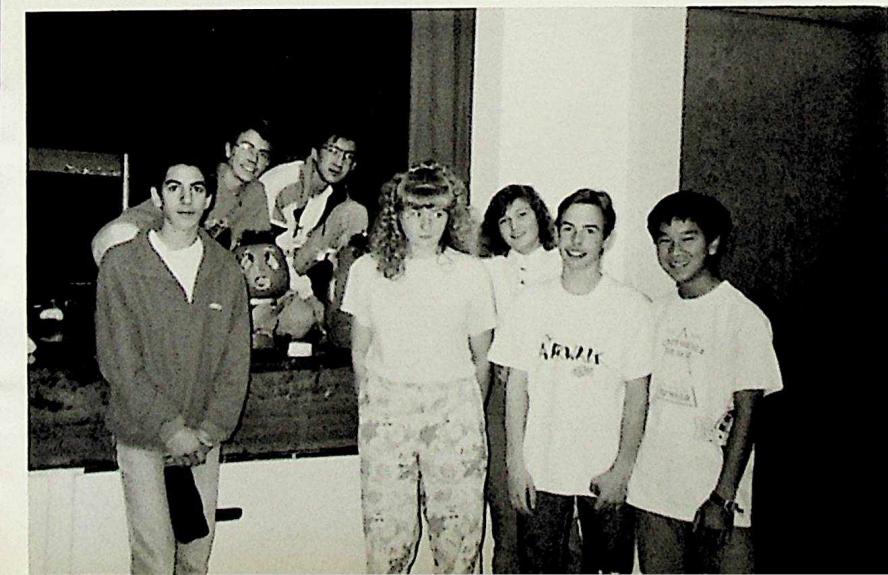
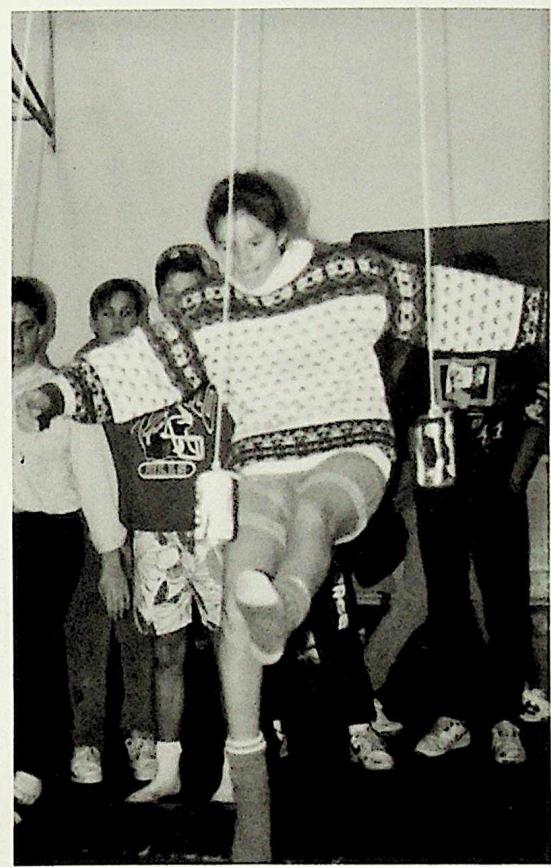
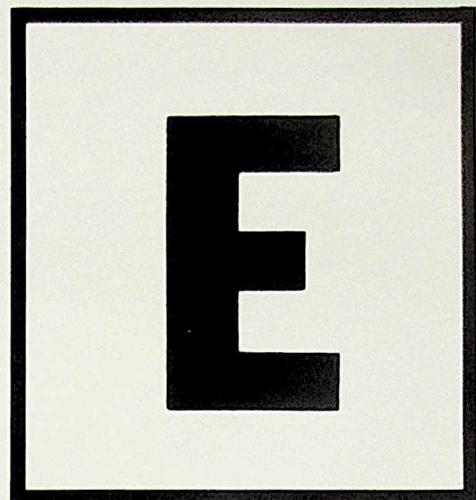


McCormack Jaclyn  
Orr Angela  
Oslie Sherry  
Pisarchuk Landon  
Prasad Raymond



Radley Scott  
Seto Mark Kokfai  
Stewart Christina  
Tran Peter  
Vu Huy

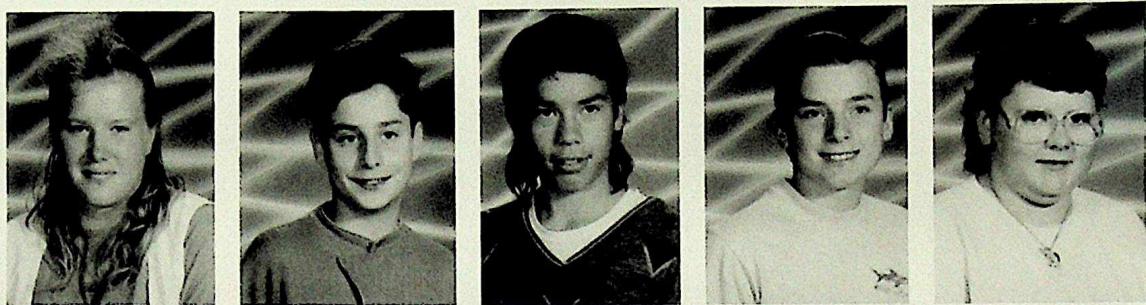




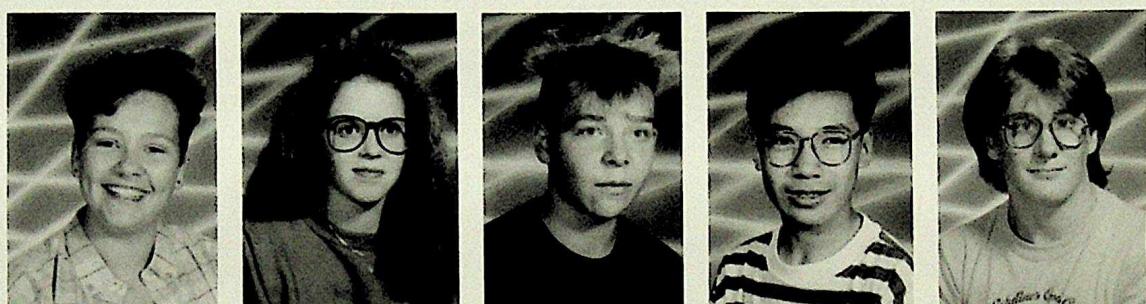
Abrahamson Catherine  
Aktary Mirwais  
Avery Brianna  
Bamford Scott  
Bellerose Nikki



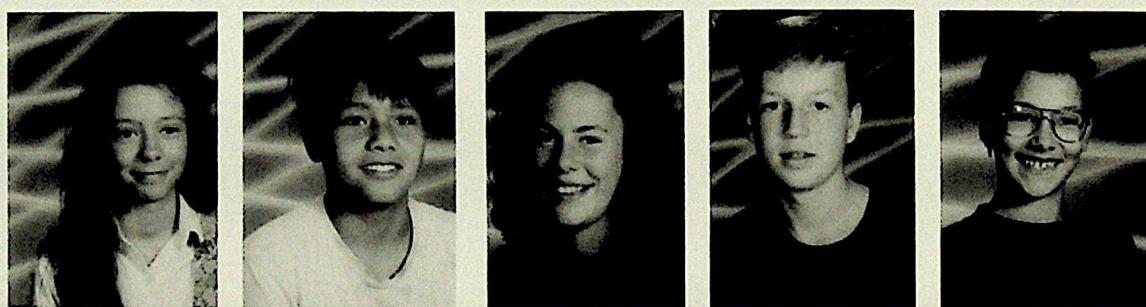
Brook Cindy  
Bugera Bradley  
Cardinal Stoney  
Cummings Matthew S  
Havens Donna



Hunneman Christine  
Jones Angela  
Lega Jeremy  
Ma Ken  
Partridge Richard



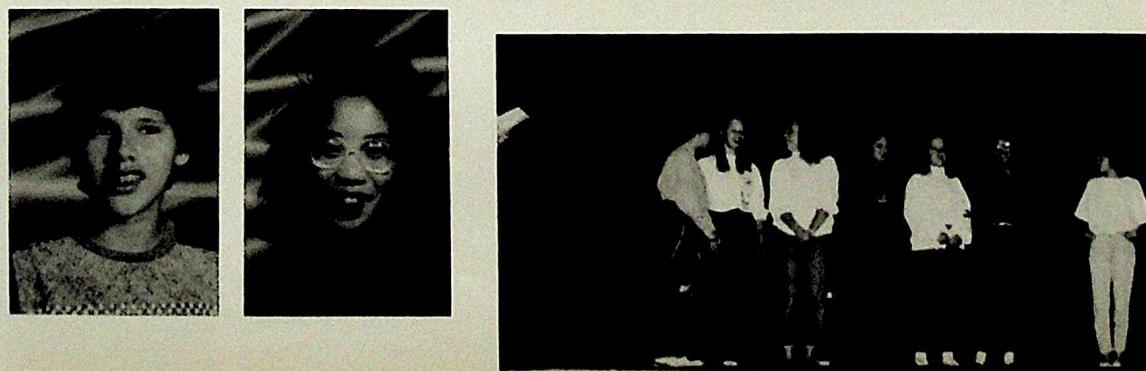
Porter Jacquelyn  
Pruden Rocky  
Raffard Jennifer  
Samoridny Shaun  
Sikora Jason

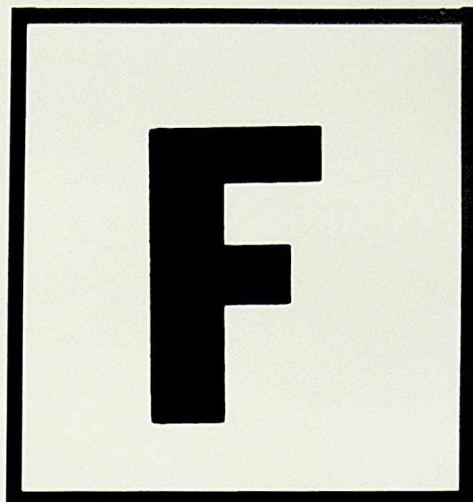


Stannard Jason  
Stenbeck Laurie  
Van Agglelen Kirsten  
Williams Sophia  
Wittmeier Jeffery M

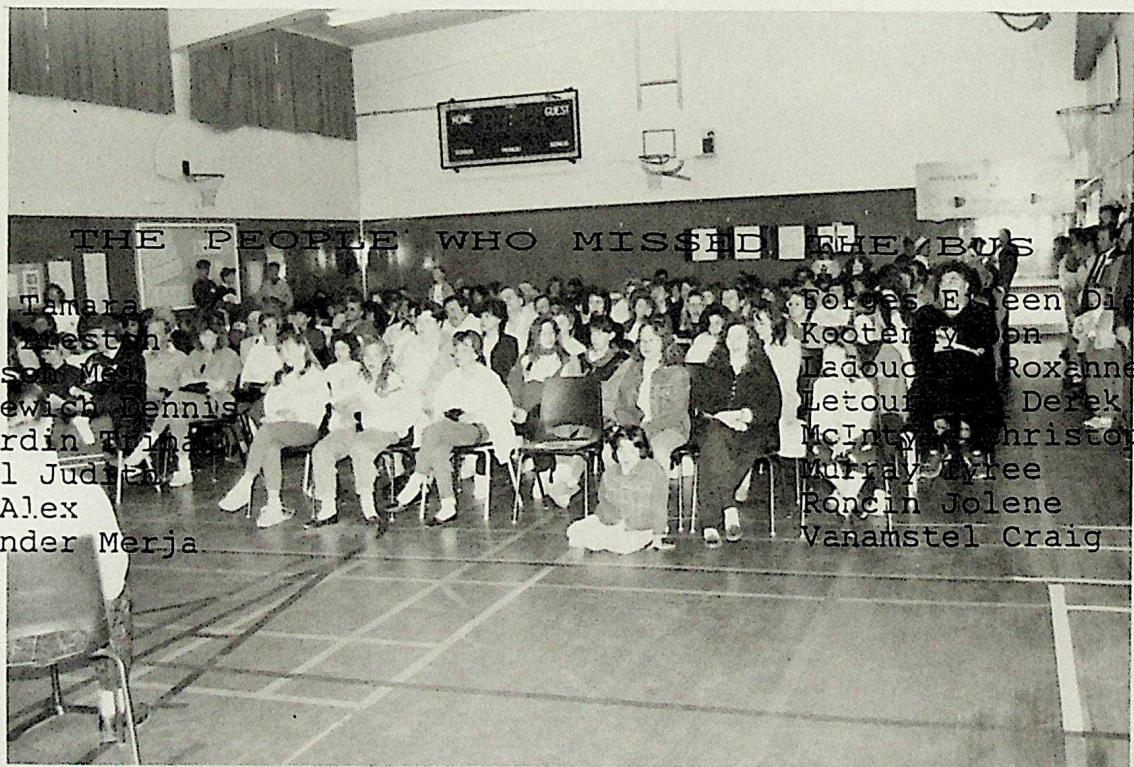


Wood Jason  
Yee Sarah





Nash  
Hato  
Rounds  
Stone  
Shubler

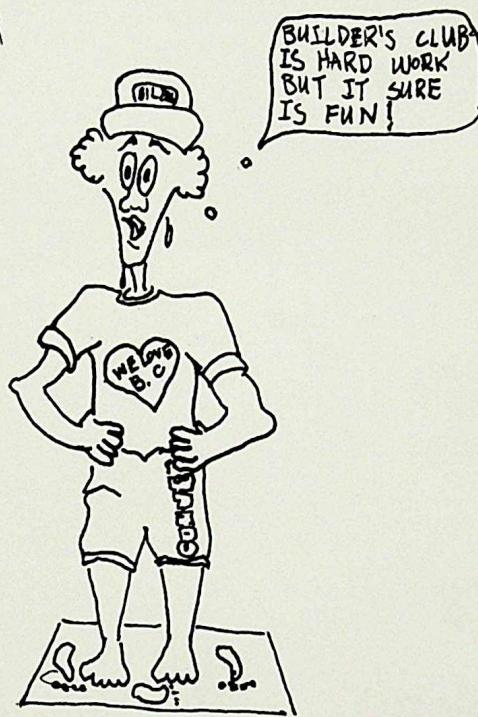


Smith Tamara  
Berry Preston  
Giberson Meagan  
Linkiewich Dennis  
Desjardin Trina  
Tartal Judith  
Liew Alex  
Smolander Merja

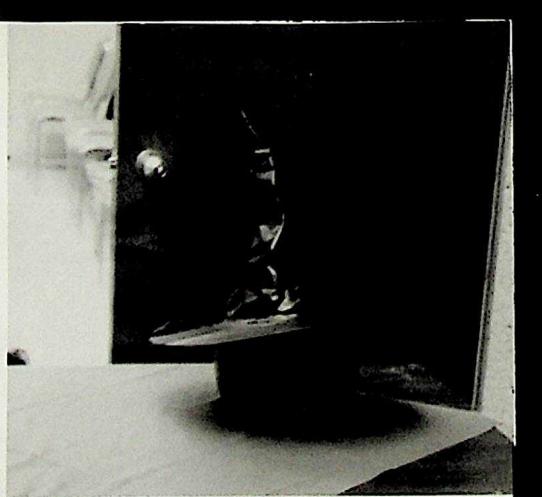
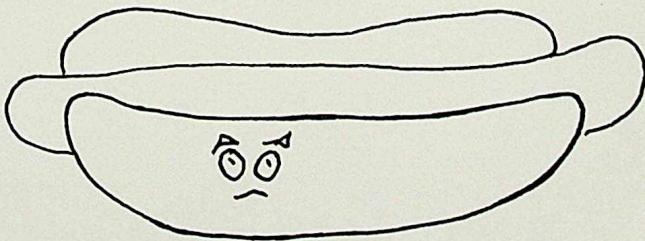
Borges Eileen Driedre  
Kootenay Jon  
Ladouceur Roxanne  
Letourneau Derek  
McIntyre Christopher  
Murray Lyree  
Roncin Jolene  
Vanamstel Craig

# HIGHLANDS CLUBS

'89 - '90



DON'T BE A  
WEENY LIKE ME  
AND GO THROUGH  
LIFE NEVER KNOWING  
HOW IT FEELS  
LIKE TO BE IN A  
CLUB





## SKI CLUB

The Ski Club started learning how to swish down the slopes at Rabbit Hill. After the lessons the students were ready to attack the moguls.

The Ski Club has a record number of members this year. In total there were 150 members and 12 teachers who were a part of the club. The students were fortunate to have the opportunity to go on 7 trips. They went to Red Deer, Jasper, Banff, Fernie & Nakiska. There was such a high demand that 2 trips were planned for Fernie.

Here are some of the comments from some of the members:

"Hey dudes, Ski Clubs radical." "My nose hurts (from sunburn)." "There's no mountains too big for us to conquer." "Life's not a beach, it's a mountain."

## BUILDERS CLUB

A group of creative energetic, and dedicated people got together to form the Builders' Club. This club has been meeting all year and has been responsible for decorating the school bulletin boards. (Theme boards: Easter, Christmas, Mother's Day, Birthday board, Calendar board, etc.

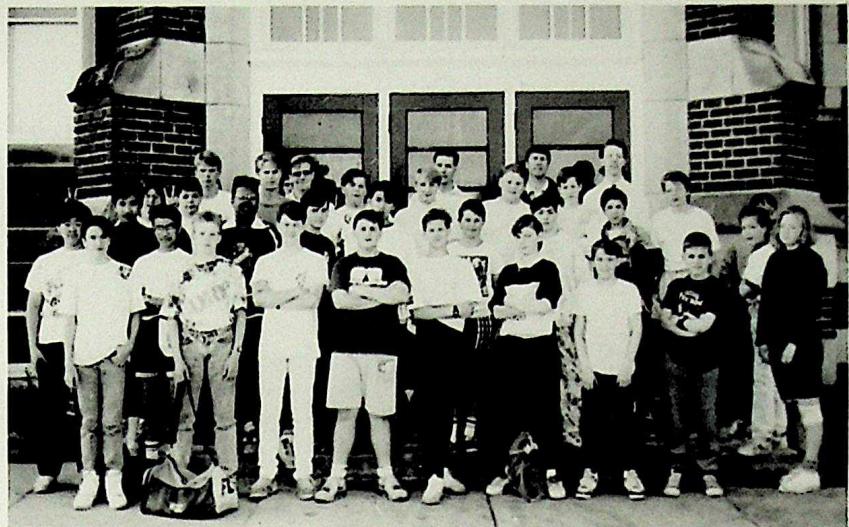
It has been a pleasure to be part of the Builder's Club this year, as it has been enjoyable to watch students who are independant, self motivated and most of all excited aout the work they were doing for the school.

This message is a special thank you to all Builder's Club Members! You did a TERRIFIC! job this year

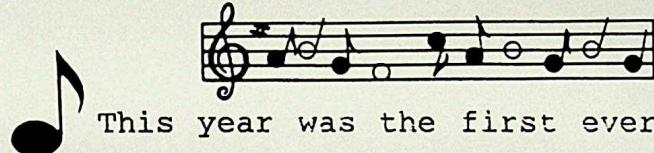


## MODEL AIRPLANE AND ROCKET CLUB

This year saw the largest Model Airplane and Rocket Club ever! Ten air control line planes and twenty-five rockets were flown with varying degrees of success. By the end of a great day of aviation we had thirty five satisfied pilots including Mr. Burnett who treated us all to a most spectacular and thoroughly frightening rocket launch. Thanks to all those involved. Happy landings!



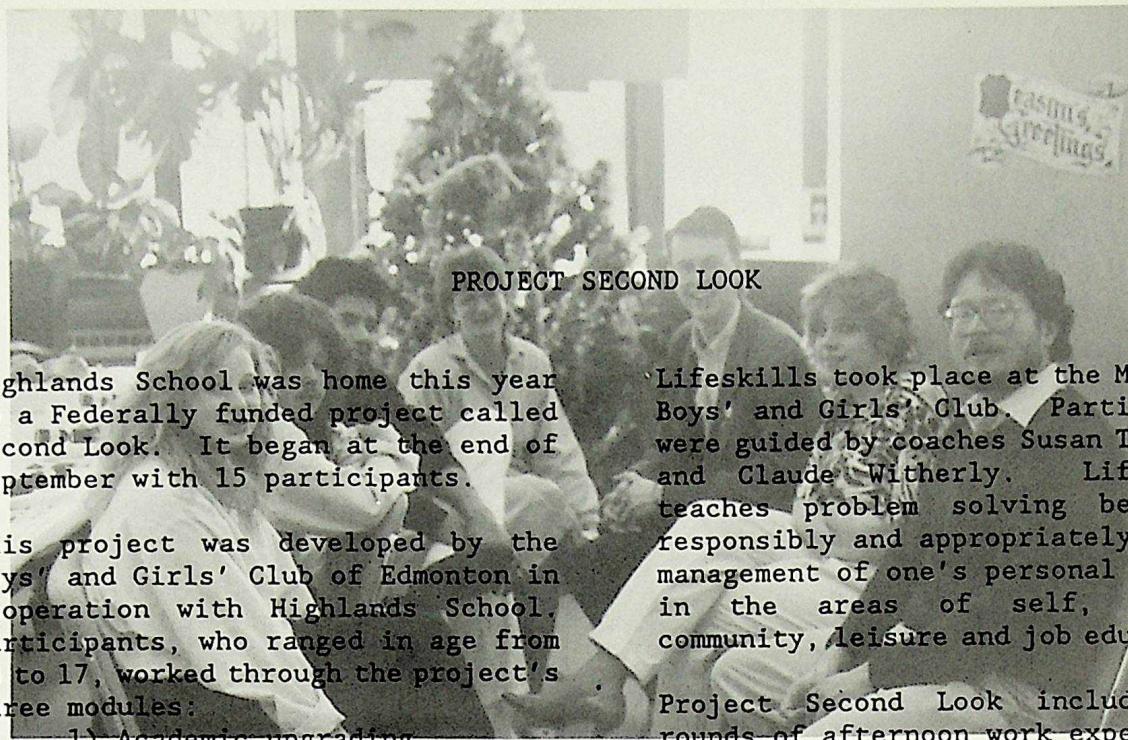
## HIGHLANDS SCHOOL CHOIR



This year was the first ever debut of the Highlands' School Choir. A grand total of 14 girls and Mrs. Poznikoff turned out for the group, led by the one and only Miss Fedoruk. so far, the group has had a total of 3 confirmed gigs. Audiences at the Adopt-

A-Grandparents tea, the Highlands Open House, and at Mrs. Dorchuck's wedding have thrilled to the sounds of this talented group. But alas, the year has come to close and since there were not other gigs to sing for, the group has disbanded, their future being in limbo for the time being.





### PROJECT SECOND LOOK

Highlands School was home this year to a Federally funded project called Second Look. It began at the end of September with 15 participants.

This project was developed by the Boys' and Girls' Club of Edmonton in cooperation with Highlands School. Participants, who ranged in age from 13 to 17, worked through the project's three modules:

- 1) Academic upgrading
- 2) Lifeskills
- 3) Work Study

The Academic upgrading took place in cozy room 2a in the basement of Highlands School. Teachers Susan Turnbull and Eric Burnett worked with students on individual plans. Because of the wide age range of the students, the greatest challenge of the academic module was meeting the needs of students from grades six to twelve.

Lifeskills took place at the McCauley Boys' and Girls' Club. Participants were guided by coaches Susan Turnbull and Claude Witherly. Lifeskills teaches problem solving behaviors responsibly and appropriately in the management of one's personal affairs in the areas of self, family, community, leisure and job education.

Project Second Look included two rounds of afternoon work experience. For many of the participants this was their introduction into the working world. Students worked in a variety of work placements including, secretarial, retail, industrial, mechanical and child care.

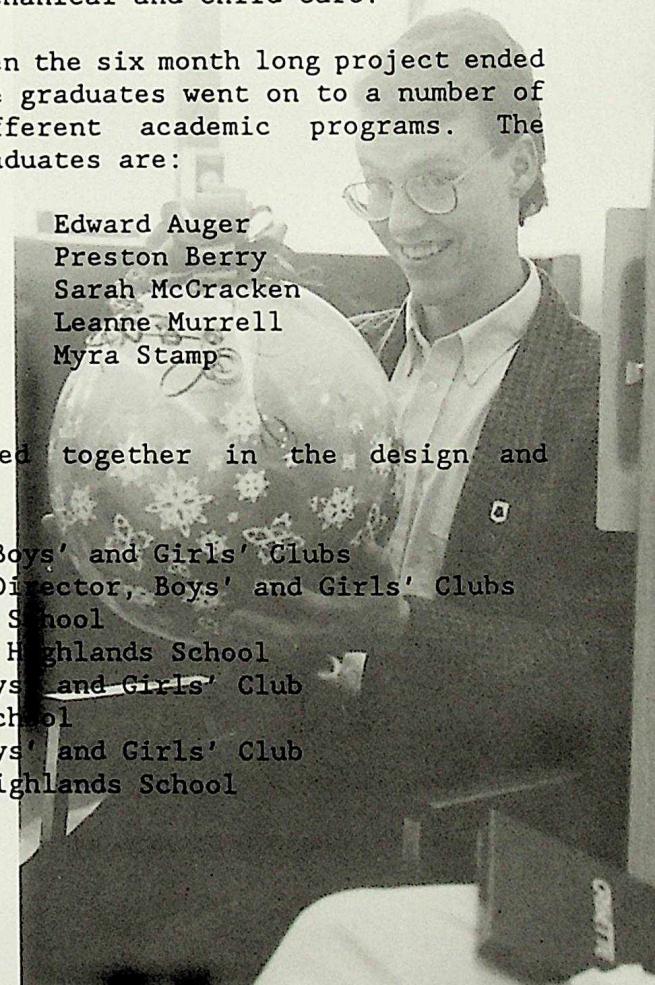
When the six month long project ended the graduates went on to a number of different academic programs. The graduates are:

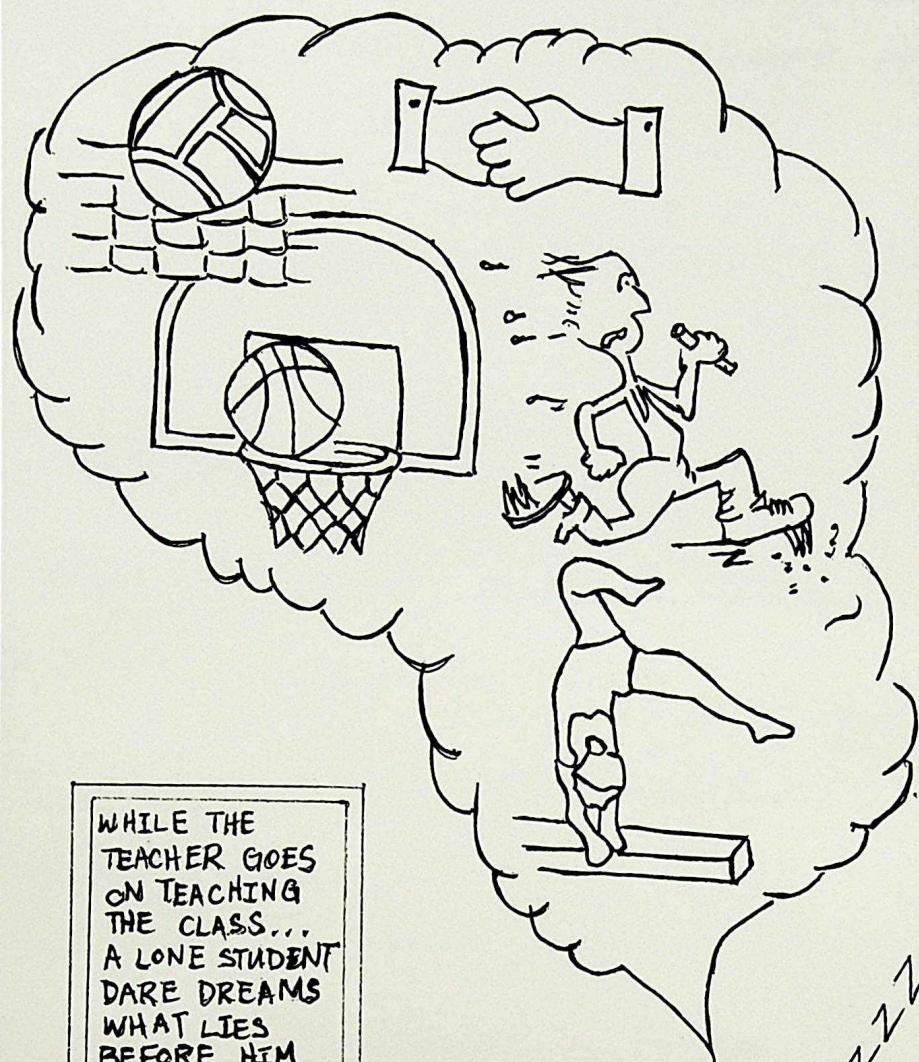
Edward Auger  
Preston Berry  
Sarah McCracken  
Leanne Murrell  
Myra Stamp

A large number of dedicated people worked together in the design and implementation of this pilot project.

Jim Taylor  
Vincent Capri  
Pat Dawson  
Peter Jonkman  
Susan Turnbull  
Eric Burnett  
Claude Witherly  
Gail Wyatt

Executive Director, Boys' and Girls' Clubs  
Assistant Executive Director, Boys' and Girls' Clubs  
Principal, Highlands School  
Assistant Principal, Highlands School  
Project Director, Boys' and Girls' Club  
Teacher, Highlands School  
Lifeskills Coach, Boys' and Girls' Club  
Community Liaison, Highlands School





# HIGHLANDS ATHLETICS

'89 = '90



WHILE THE  
TEACHER GOES  
ON TEACHING  
THE CLASS...  
A LONE STUDENT  
DARE DREAMS  
WHAT LIES  
BEFORE HIM  
AS A BONIFIED  
HIGHLANDS  
STUDENT.

I broke my heart  
For every gain  
To taste the sweet  
I faced the pain

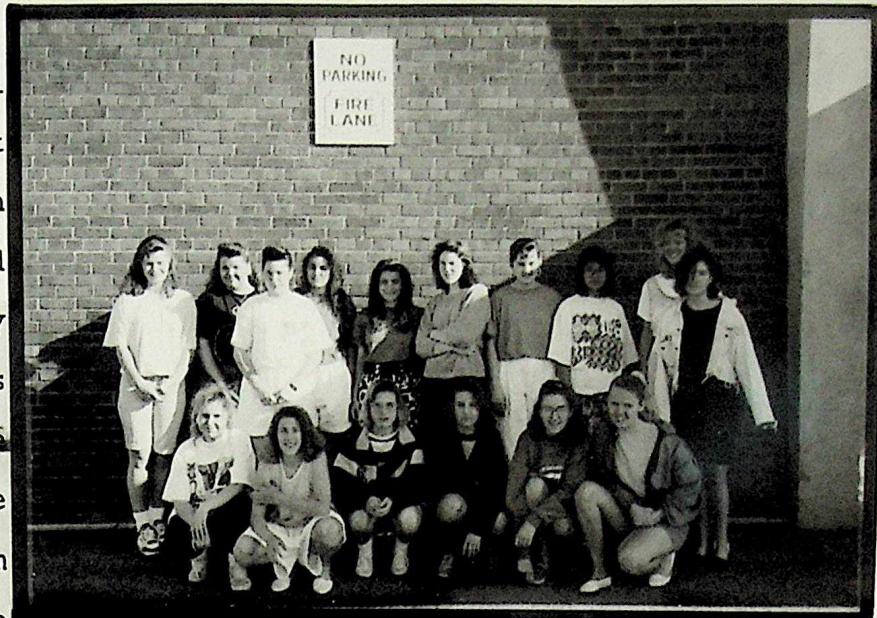
## JUNIOR GIRLS VOLLEYBALL

The Junior Girls' Volleyball team had a short, but sweet season this year. Their main opponent was Britannia and Ritchie because not too many junior highs had teams this season. In addition to the regular scheduled games, the Junior Girls' Volleyball team played in several tournaments to round off the season.

## SENIOR GIRLS VOLLEYBALL

The story of this year's Senior Girls' Volleyball team is an interesting one. As the team's coach, I like to put it, we weren't the best team in the beginning. The different personalities of the players clashed and we didn't get it together. But then, everybody really pulled together and played like a team. Even though we didn't win very many games, we still went out there and had a lot of fun."

Their main opponents were: Ottwell, Ritchie, and Hardisty. They played in one tournament at the Eastglen Senior Volleyball Tournament, and placed third.



Junior Girls Volley Ball

Back row: J. Debolt, R. Druar, D. Steffler, L. Hrab, A. Manah, L. Collis, C. Sembaliuk, S. Ao, Mrs. Dorchuck, Robyn Strikwerda  
Front row: M. Witts, T. Lindsay, M. Bourque, K. Witts, C. Decker, K. Stankiewicz

Senior Girls Volley Ball

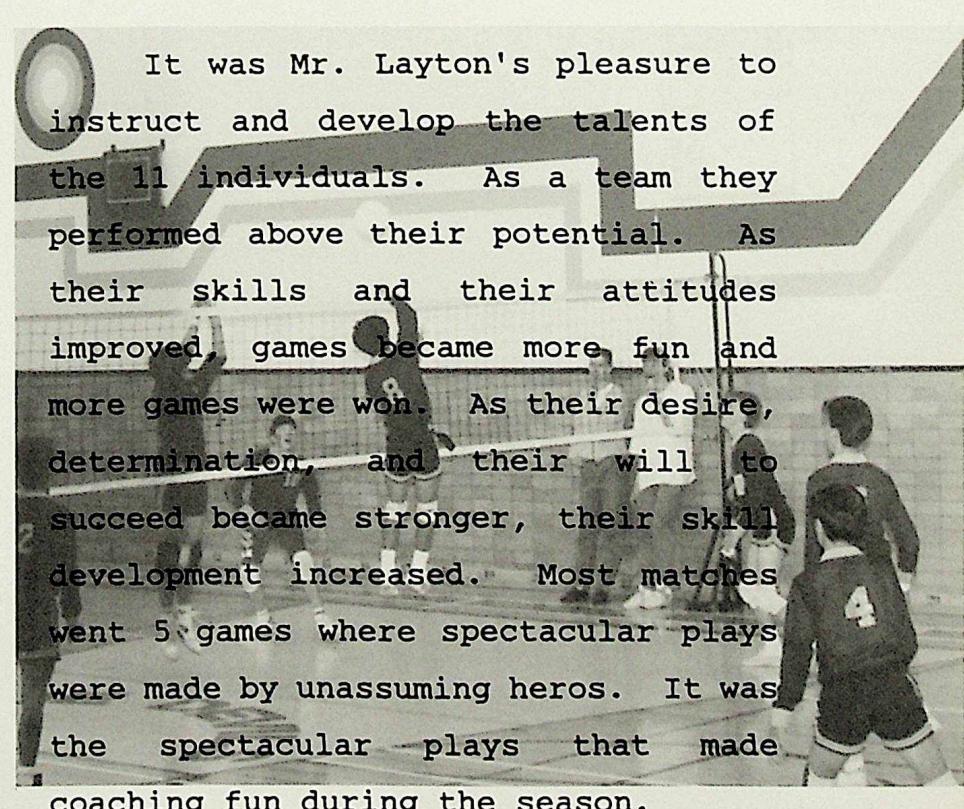
Back row: K. Whitford, J. McCormack, C. Stewart, B. Avery, S. Mah, J. Rafford, Miss Belik  
Front row: C. Grimoldby, D. Chapin, K. Danyluk, M. Horhut





## SENIOR BOYS VOLLEY BALL

#1 Henry Ma  
#3 Keene Alexander  
#4 Ken Ma  
#5 Rocky Pruden  
#6 Yul Swiderski  
#7 Derek Hoffman  
#8 Hien Lu  
#9 Patrick Teightmeyer  
#10 Darcy Yalowica  
#11 Dan Smith  
#12 Jerad Cox  
Boyd Ramanko  
Mr. Layton (Head Coach)



It was Mr. Layton's pleasure to instruct and develop the talents of the 11 individuals. As a team they performed above their potential. As their skills and their attitudes improved, games became more fun and more games were won. As their desire, determination, and their will to succeed became stronger, their skill development increased. Most matches went 5 games where spectacular plays were made by unassuming heroes. It was the spectacular plays that made coaching fun during the season.

## JUNIOR GIRLS BASKETBALL

top Mrs. Dorchak  
left Christine Decker  
Michelle Mandrusiak  
Kim Witts  
Mike Dorchak  
front Charlene Sembaliuk  
left Michelle Bourque  
Hem Heng  
Michelle Witts

Tara Lack (Missing)  
Jody Stirrat (Missing)  
Andria Vercholuk (Missing)



## SENIOR BOYS BASKETBALL

Mr. Layton (Assistant Coach)  
Barry Williams  
Derek Hoffman  
Darcy Yalowica  
Yul Swiderski  
Jerad Cox  
Mr. Pallet (Head Coach)  
Hien Lu  
Adam Bozocea  
Keene Alexander  
James Niblock  
Brad Kenchington

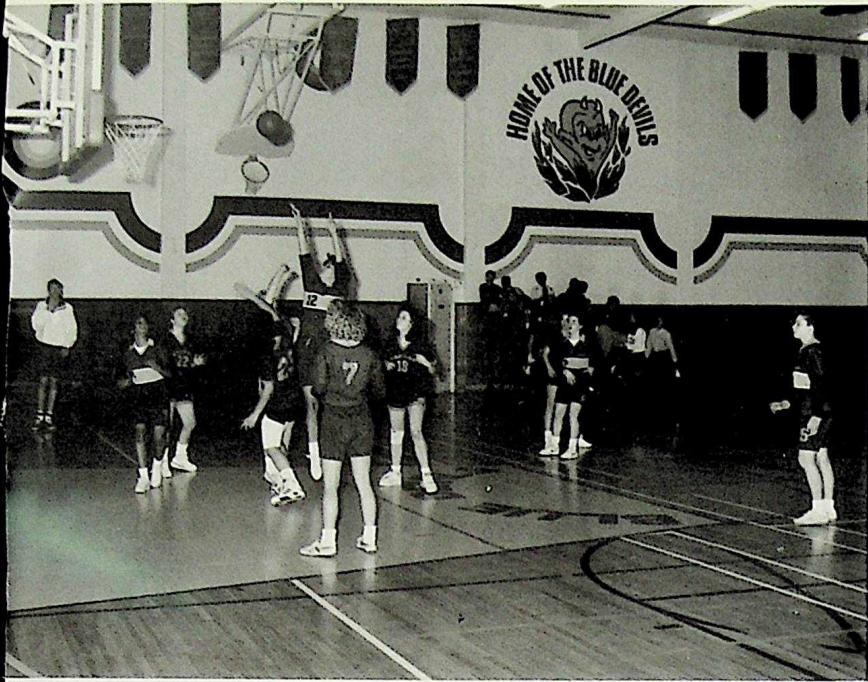


## SENIOR GIRLS BASKETBALL

#3 Mel Horhut  
#4 Tara Lindsay  
#5 Naomi Shaw  
#6 Kelsey Danyluk  
#7 Tammy Moell  
#8 Stacy Doyle  
#9 Neeru Brar  
#10 Jennifer Rafford  
#11 Candy Christansen  
#12 Christine Hoffestede

Mr. Geldard (Head Coach)  
Mr. Burnett (Assistant Coach)





## JUNIOR GIRLS BASKETBALL

The Junior Girls' Basketball season was successful and enjoyable under the direction of Mike Dorchak. One highlight of a tournament at Rosslyn was Kim Witts scoring on our basket. It was a great year and the girls will be ready to take on the Senior next year.

## SENIOR BOYS BASKETBALL

The Senior Boys' Basketball team had another successful season thanks to hard work and dedication. Although the team got off to a slow start, they improved immensely finishing third in their division. Complementing their regular season play, the team brought home the gold medal at the Eastglen Tournament as well as fourth place finish at the McNally Tournament.

This group of players should be remembered for their determination and commitment to each other and to the team concept. Their record of 22-12 was the best winning basketball record for sometime. Unfortunately losses brought the season to a close in the zone playoffs. These players have initiated a winning basketball tradition which will continue in the future.

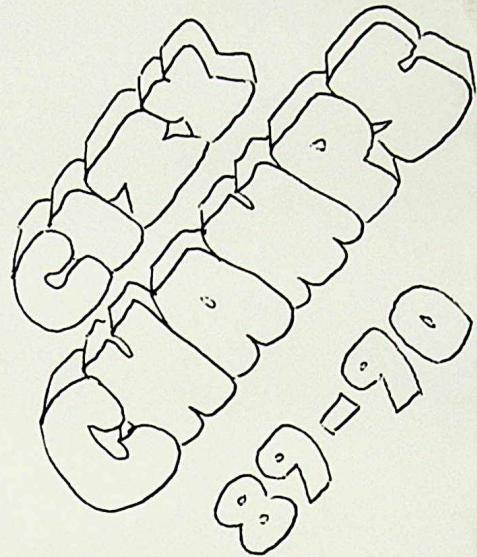
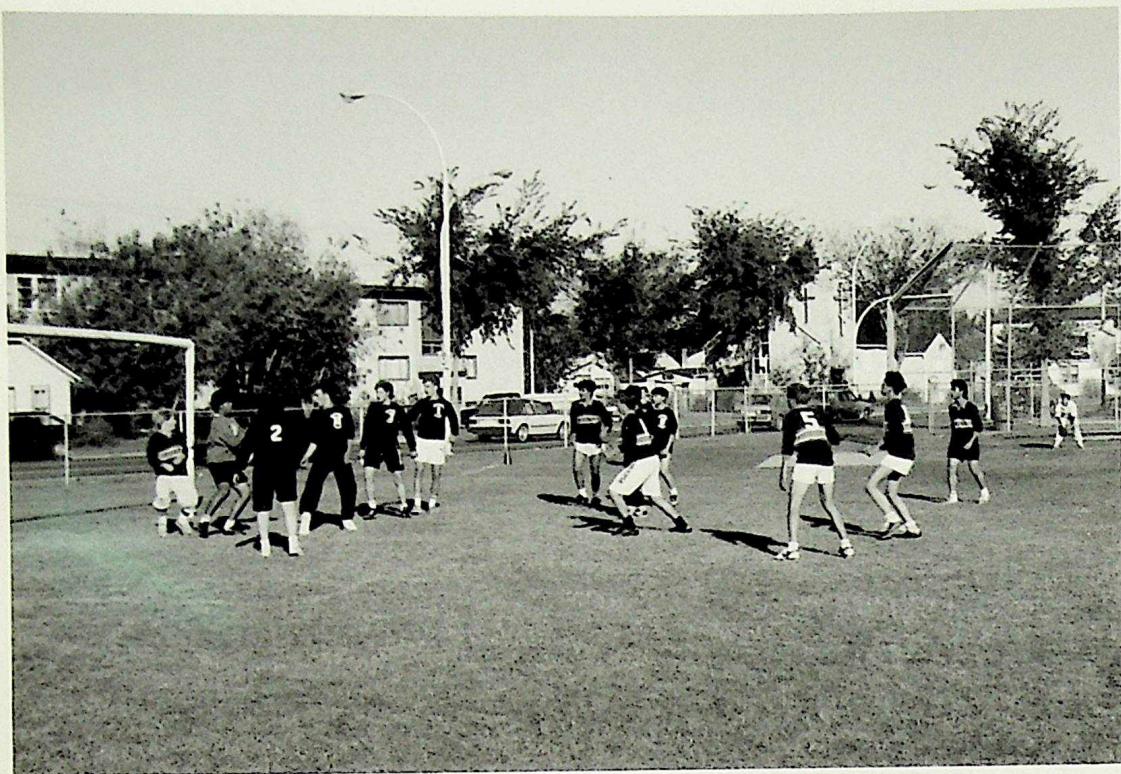


## SENIOR GIRLS BASKETBALL

Playing on a team requires much more than having a certain degree of skill. It requires the ability to give of oneself for the betterment of the team. A team can be much more than the simple sum of its parts and our Highlands Senior Girls's Basketballs team proved how a great deal can be accomplished through team play. Although defeated in the playoffs, the girl's perhaps showed their best in tournament play where they came in second at the Eastglen Invitational.

I would personally like to thank all those players who tried so hard for "The team". I hope you were all as rewarded as I was.





## SOCKER TEAM

Mr. Lowry (Assistant Coach)

Jerad Cox

Scott Hearn

Ian Mohammed

Rob Herring

Bobbie Gurthie

David Chhan

Jayme Cox

Mr. Biggs (Head Coach)

Richard Ly

Hien Lu

Chris Horz

Darren Gurthie

Mirwais Aktary

Trung La

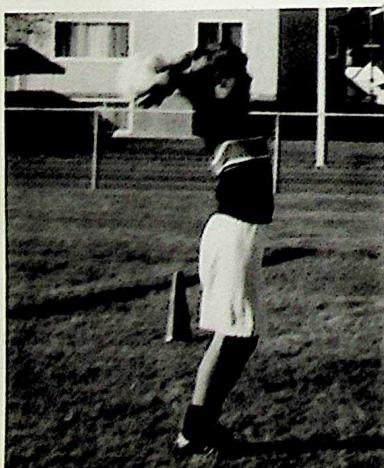
Thao Pham

Brad Kenchington



## THE HIGHLANDS SOCCER TEAM

This year the Highlands soccer team went the entire season undefeated. The city final game was against Dan Knott Junior High and Highlands played the best game of the season to defeat them 4-1. I was very happy with the way all the players conducted themselves not only in the city final game but throughout the season. This group was very receptive to the strategies presented and their willingness to improve along with their fun loving attitude made the team a pleasure to coach.





### HIGHLANDS CHEERLEADERS

Definition of a "cheerleader": hard work, commitment, team spirit and dedication. The

cheerleaders spent lots of hours practising and perfecting routines all year. Their season started in September and went through till the beginning of June. They performed at home games, Pep Rallies, Grandparents' Tea, Open House, Highlands' Fair and at several competitions. The highlight of their competitive season was when they placed first at our own Highlands Annual which was televised on Shaw Cable. The coaching team is extremely proud of all their accomplishments.

A. Mah, G. Mah, E. Mah



### HIGHLANDS CHEERLEADING TEAM

V. Benson S. Cook  
T. Splawinski, R. Elaschuk S. Miller  
K. Philpot, L. Edgar  
C. Chyz

S. McEwan, B. McNeill  
N. Zahordniuk, S. Sopher  
T. Elund, S. Kozey

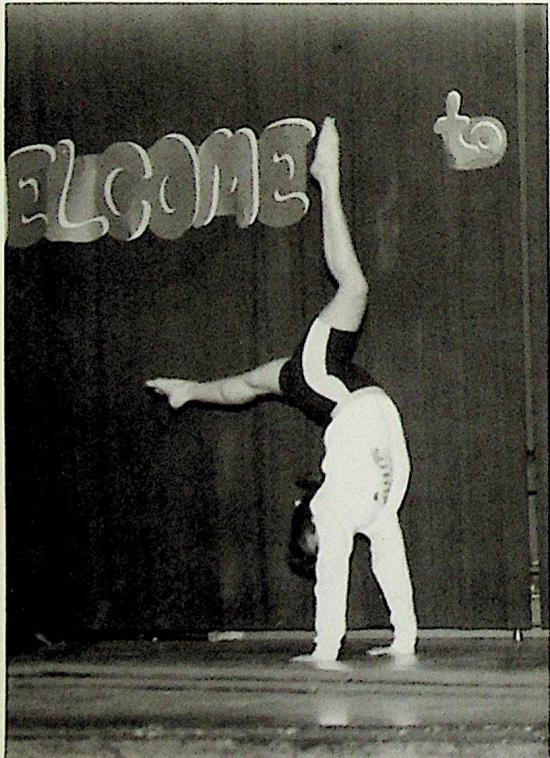
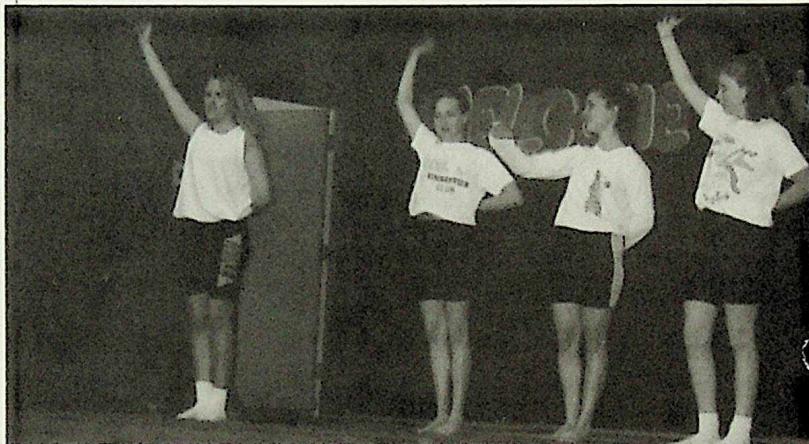
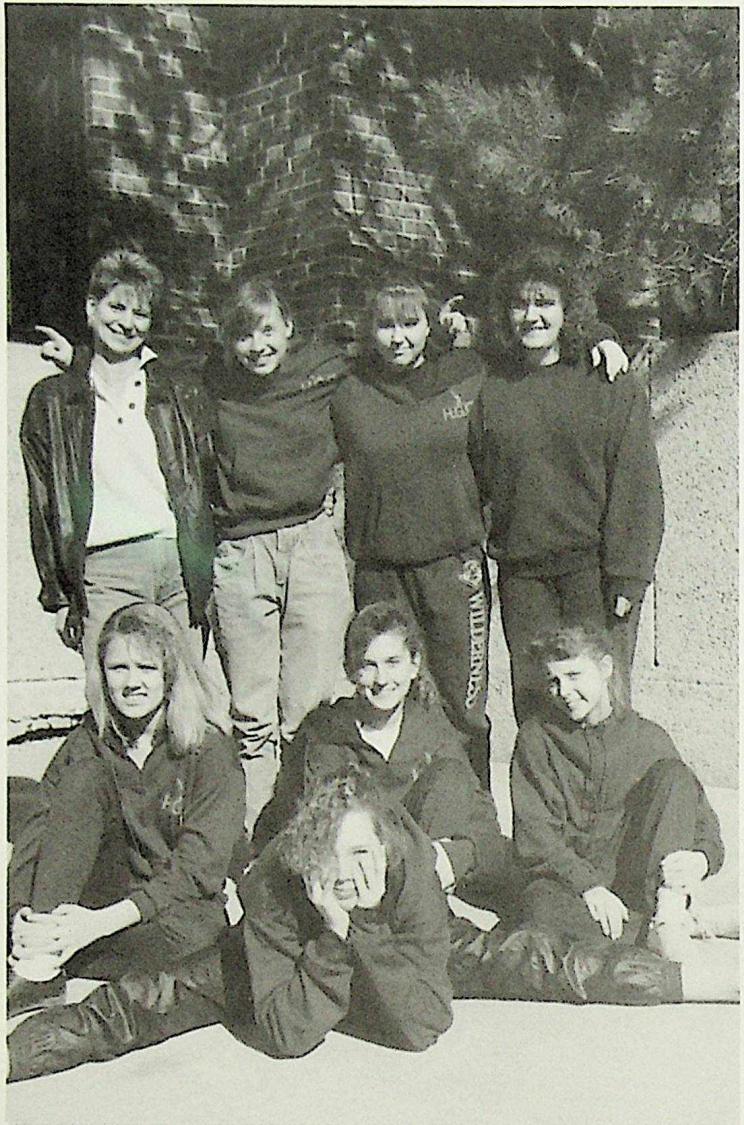


## 1990 HIGHLANDS GYMNASTIC TEAM

Our gymnastic season came to a close this year with the City Final Meet at the University of Alberta on March 18, 1990. All gymnasts did extremely well and we managed to bring home 8 medals and 5 ribbons. Thank you for all your hard work and dedication. Congratulations, girls on a fine season. See you next year!

Left picture:

back row: Mrs. Vansickle (coach), Sarah Coulson, Kim Witts, Mrs. Halliwell (coach)  
front row: Kerri Stankiewicz, Tamara Rae, Cathy Abramson, Shelly McAra



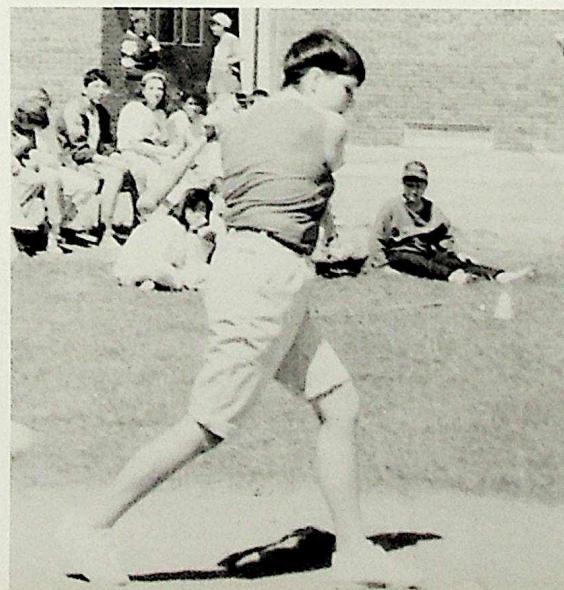


## BASEBALL

Clayton Molloy  
Jason Stannard  
Shaun Samoridny  
Yul Swiderski  
Darcy Yalowica  
Terry Reutow  
Micheal Miller  
Ravinder Grewal  
Hnat Domenichelli  
Kim Mahaden  
Danielle Chapin  
Naomi Shaw  
Kelsey Danyluk  
Amanda Sopher

Mr. Layton (Head Coach)  
Mr. Lowry (Assistant Coach)

The mixed baseball team of 9 boys and 5 girls played excellently and were proud examples of sportsmanship. They came in 3rd in the City League and first place in the zones. They were able to defeat the teachers in a friendly baseball game (11-8) with timely hitting. Mr. Layton was extremely proud of the achievement and the skill development of each individual on the team.



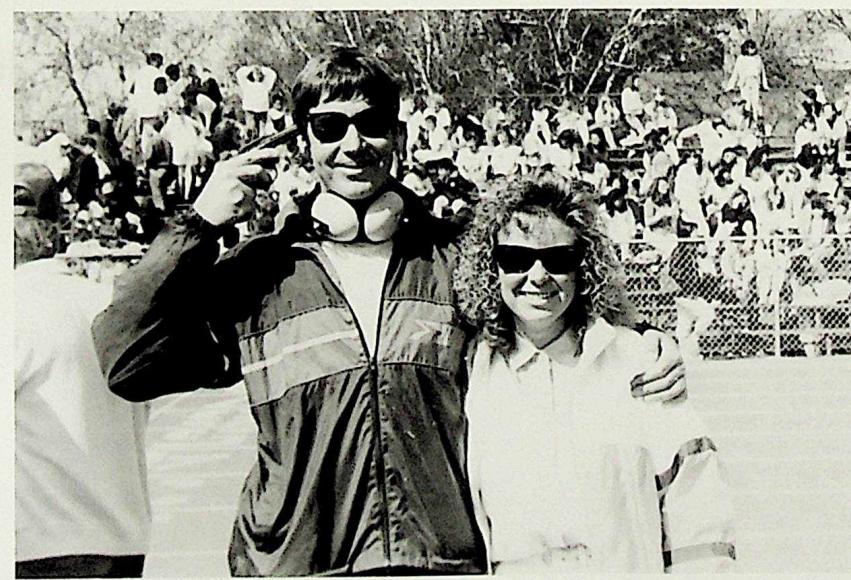
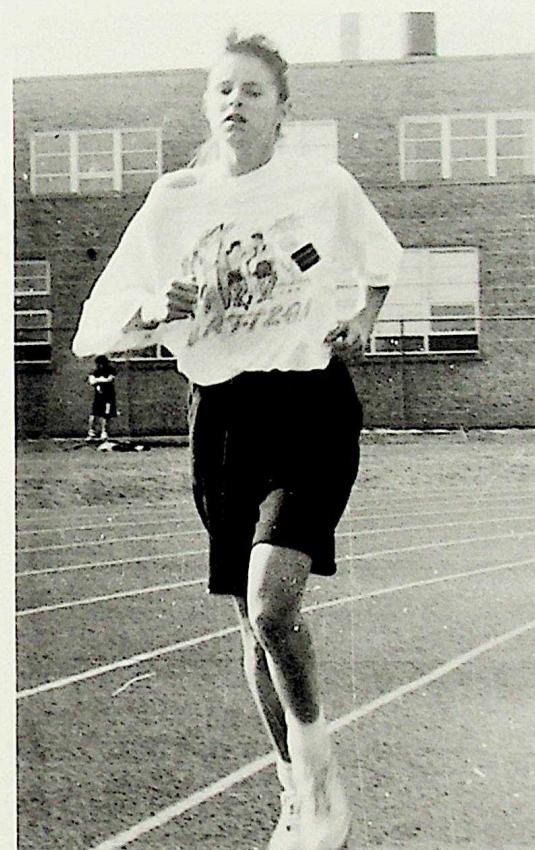
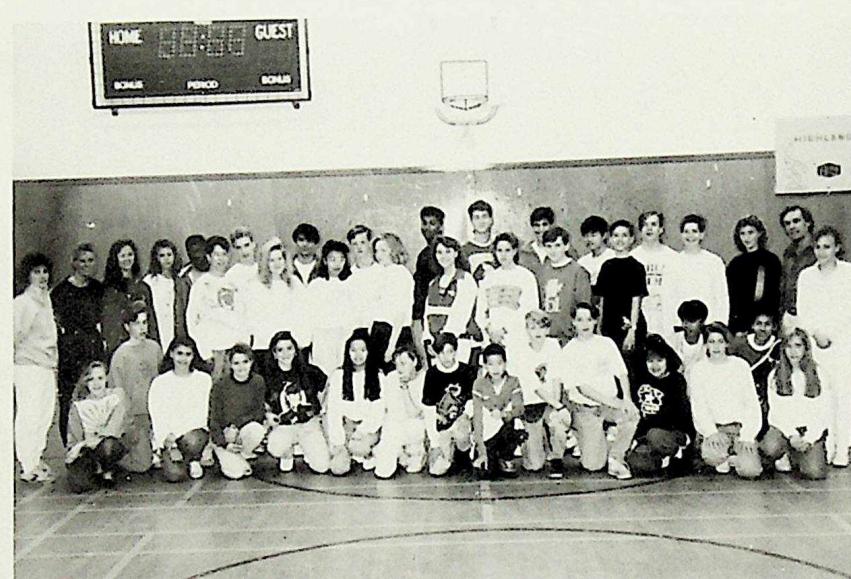
## 1990 TRACK AND FIELD CITY RESULTS

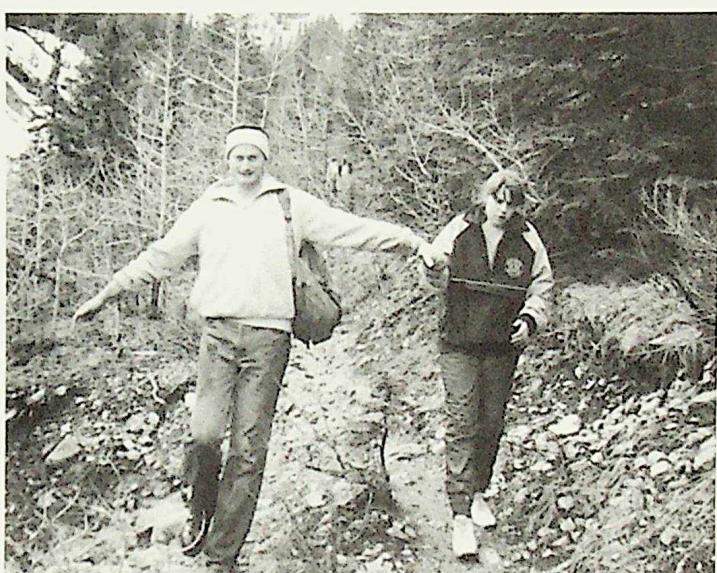
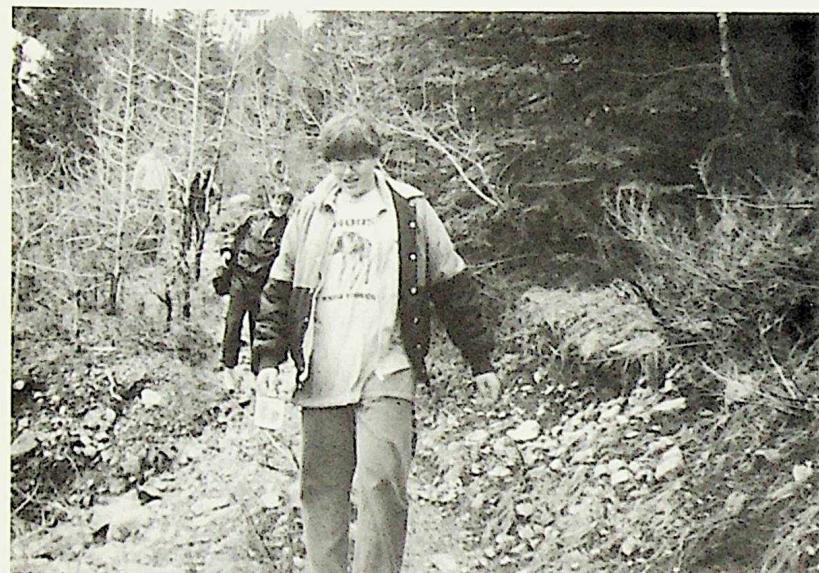
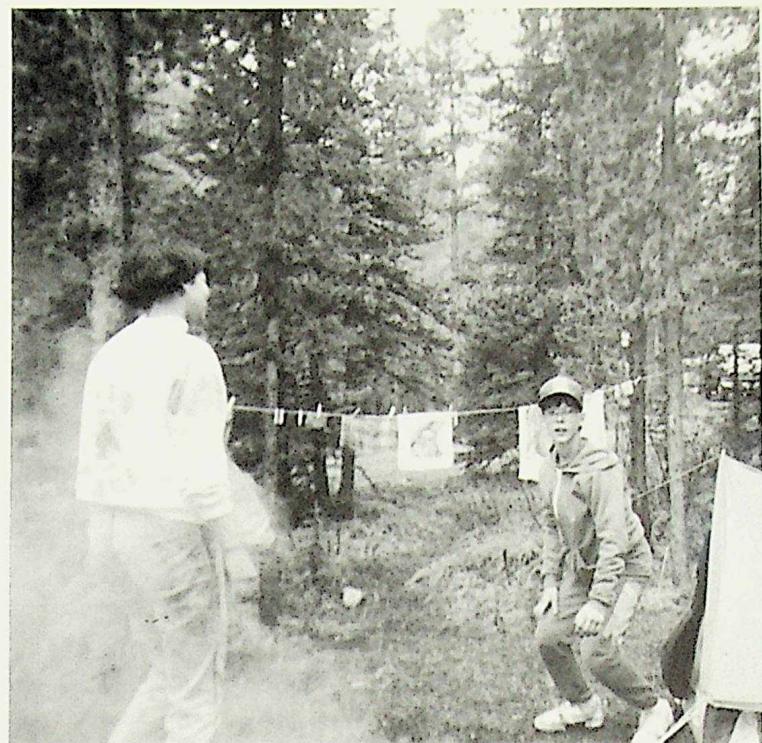
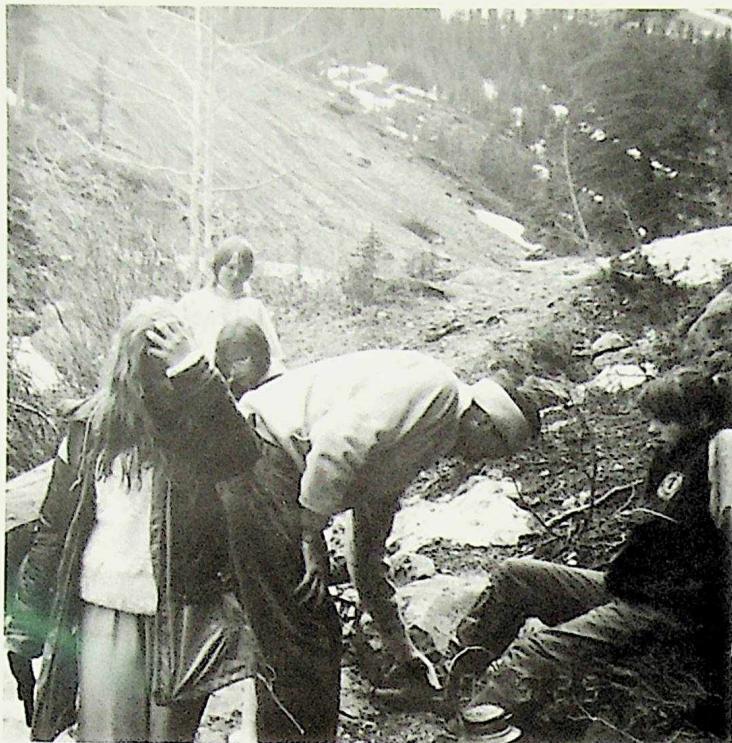
Jr. Boys Hurdles  
Sr. boys 400m Relay

Coedy Seto, 6th  
Derek Hoffman, 4th  
Thao Pham  
Trung La  
Mirwais Aktary  
Kiley Geddy, 7th  
Scott Bamford, 3rd  
Mirwais Aktary, 2nd  
Jayme Cox, 1st  
Ameara Manah, 2nd  
Patrick Heard, 3rd  
Kenneth Headley, 1st  
Mirwais Aktary, 1st  
Christine Hofstede, 1st  
Nonnie Jackson, 4th  
Kenneth Headley, 2nd  
Peter Mawson, 3rd  
Ian Mohammed, 6th  
Mel Horhut, 1st

Jr. Boys 1500m  
Sr. Boys 1500m  
Sr. Boys 200m  
Jr. Girls 200m  
  
Jr. Boys 800m  
Jr. Boys 100m  
Sr. Boys 100m  
Intermediate Girls High Jump  
Sr. Girls High Jump  
Jr. Boys Long Jump  
Jr. Boys Triple Jump  
Sr. Boys Shotput  
Inter Girls Shotput





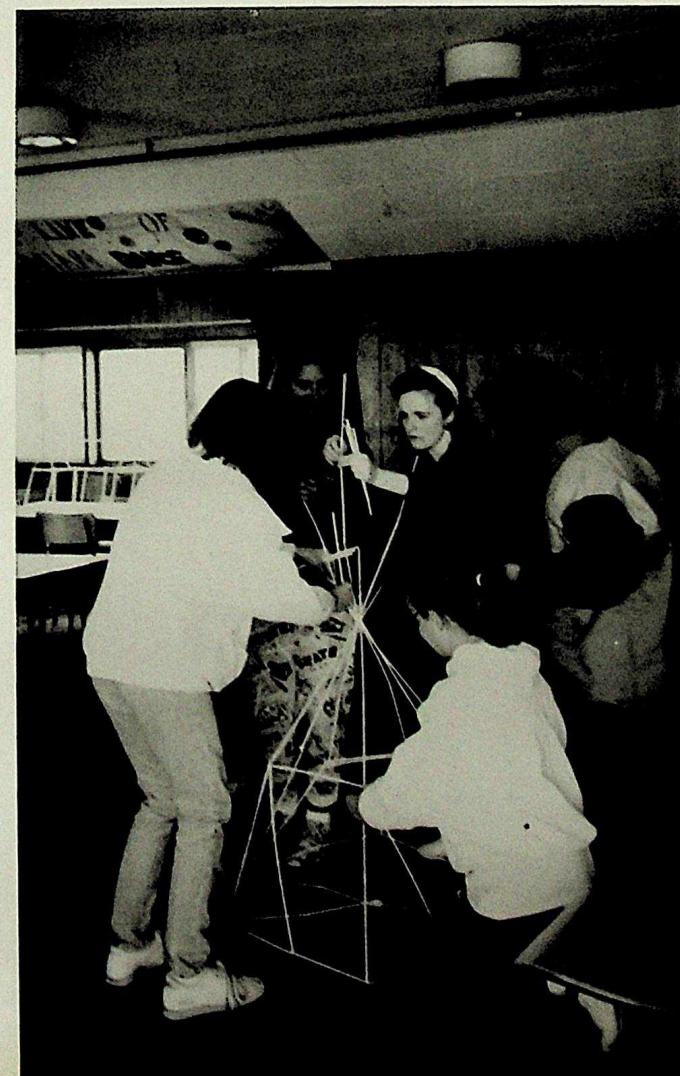
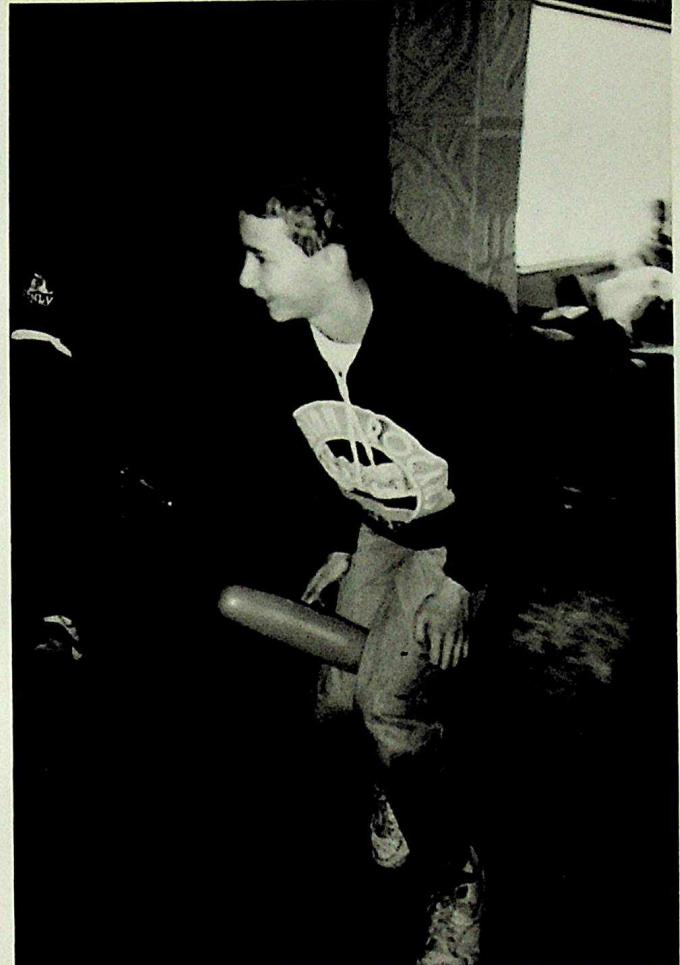


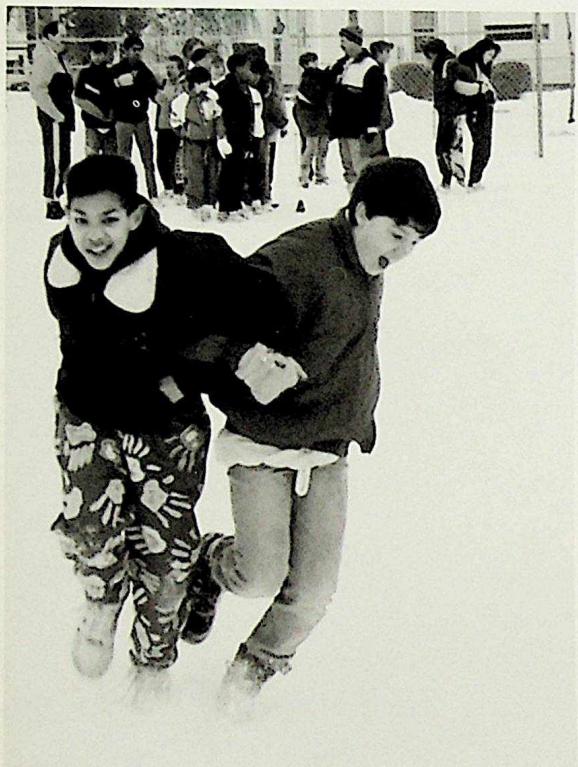
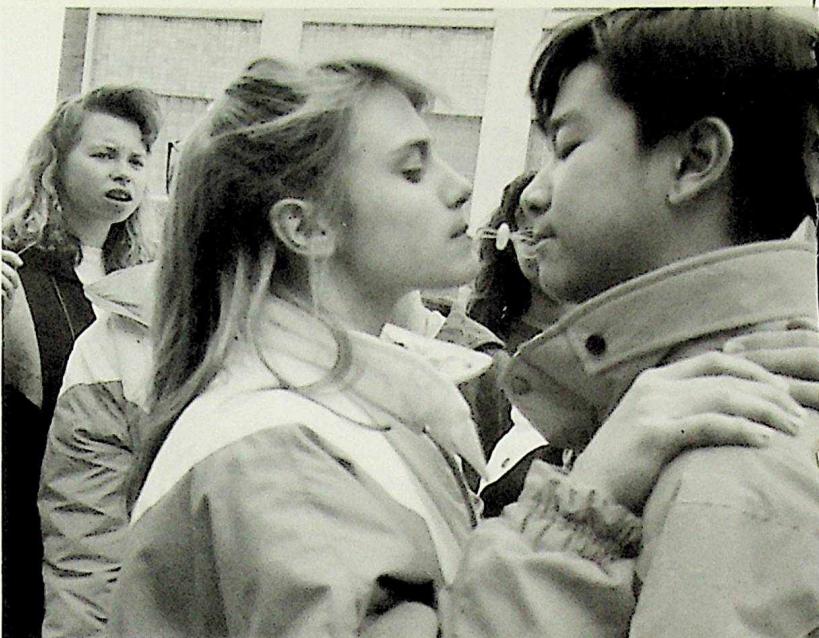
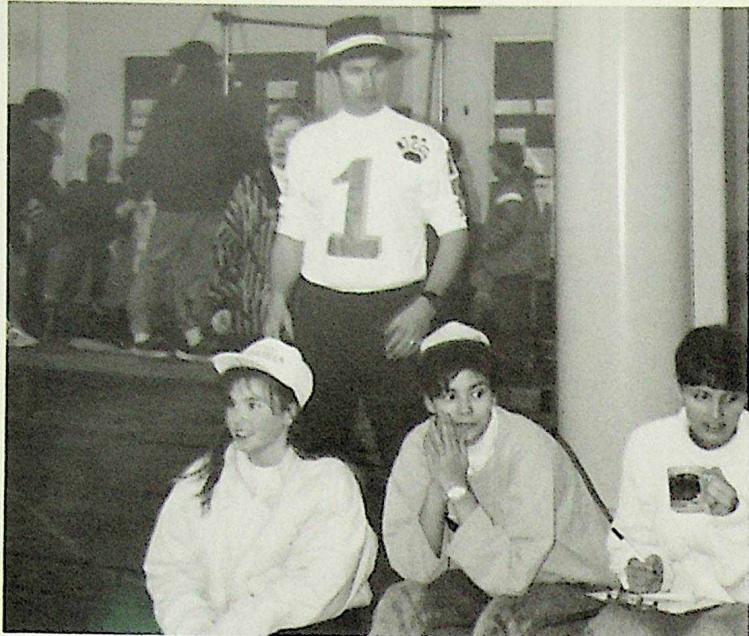
## HIGHLANDS GOES TO CAMP

Highlands students are fortunate to have so many opportunities to go camping. Many of which are organized by Mr. Paillet and his Phys. Ed. Leadership students. Inspite of the wet weather at Cadomin the grade 8 Outdoor Ed. students had a great time.

The French Department also put together an immersion trip out to Pigeon Lake. Mrs. Mah and Miss Bailey found their hidden talents in singing (no, they're not quitting their day jobs). 36 students from Highlands participated and had a wonderful experience.

Special thanks to Christina Martinez, Mr. Lelacheur, Mr. Geldart, Mr. Ehrenholz and Mrs. Hui.



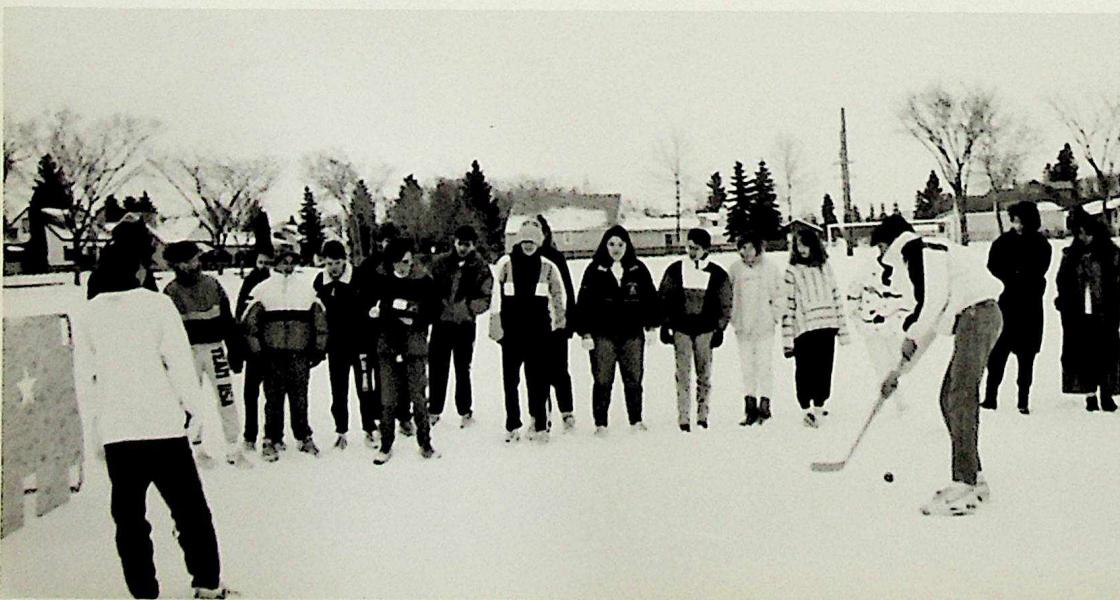
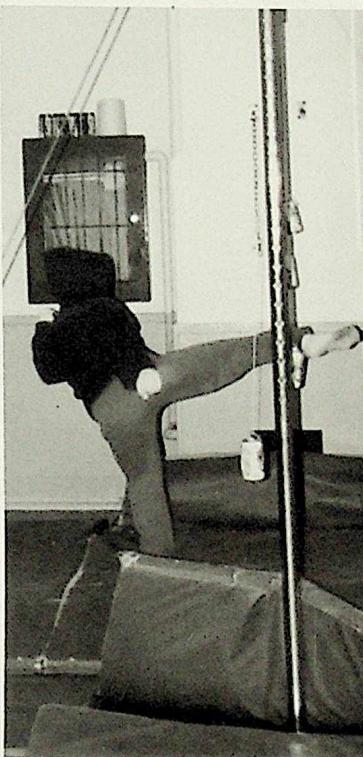


## MUK LUK DAY - 1990

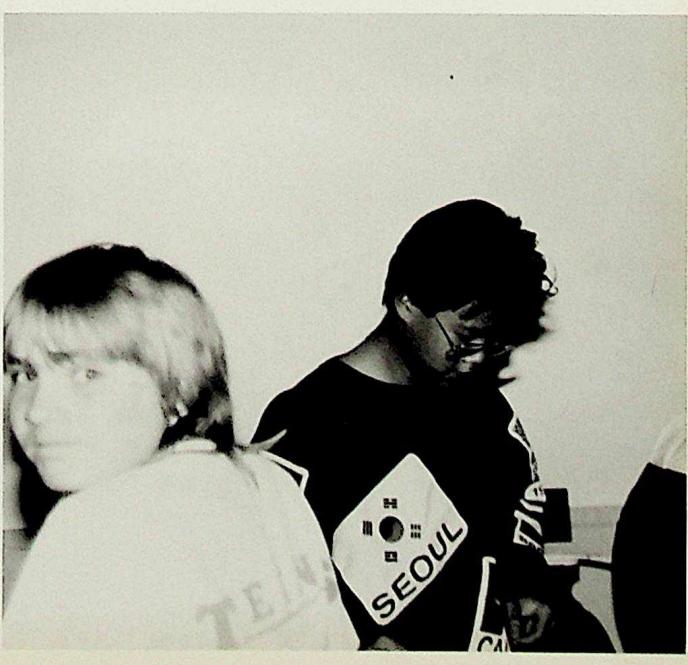
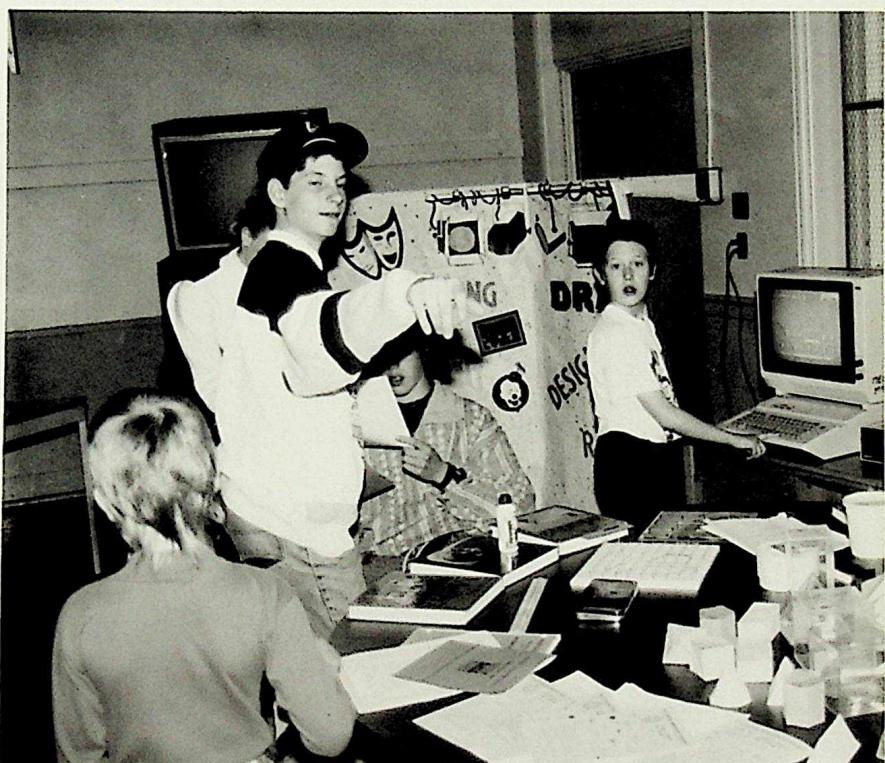
This year Muk Luk Day seemed to spawn even more competition and rivalry between home rooms than ever. Mr. Biggs' 8B and Mr. Geldarts 9C had an all out verbal warfare over the morning and afternoon announcements. There were many challenges and insult traded between the two classes, which caused them both to forget about the rest of us home rooms. Of course, that only made us more determined to win. You could hear each class yelling and screaming at each other from across the field. It is only safe to say that 9C and 8B did not win (they came in very respectable second and third places); 8A took first place in eighth grade and were the overall winners of Muk Luk.

Among this year's events were the Egg Toss, Kick-the-Can, Bean Bag Relay, Can Stacking, and numerous rest stops, and everybody's favourite event, the life Saver Relay. I heard lots of kids (including myself) complain about the LS Relay, but even so, I don't think they'll take it out of next year's Muk Luk (Older people enjoy seeing us squirm).

The only disappointing part about this year's Muk Luk was when Mr. Dawson announced that there might not be Muk Luk next year because of this year's lack of attendance. Personally, I think that taking out Muk Luk would be a big downer; we need something like this during the winter months to keep us from burning out. Muk Luk is fun and I hope the tradition carries on.



# Home Coming





## PRESIDENT'S MESSAGE

Being president this year has really helped me mature a lot. I had a chance to associate with more people and help out as best as I could the school. The Celebration Committee have worked hard all year with the fund raisers to make our celebration a success. Our dances were a great success too. We were able to raise more money for Santa's Anonymous at our Christmas dance, than ever before. Muk Luk and Hog days were a lot of fun, thanks to the parents who helped out.

We also donated our money from our sock-hop in February to the Children's Hospital. The magazine campaign did wonders to arouse our class spirits. Don't forget our spirit plaques which Kerrie Hinderks took care of this year.

Ryan Barkway and I also attended a Junior High Drug Conference in November. We came back to talk to our classmates about alcohol and drug abuse.

This has been a wonderful year for the council and the school. Good luck and the best to next year's council.

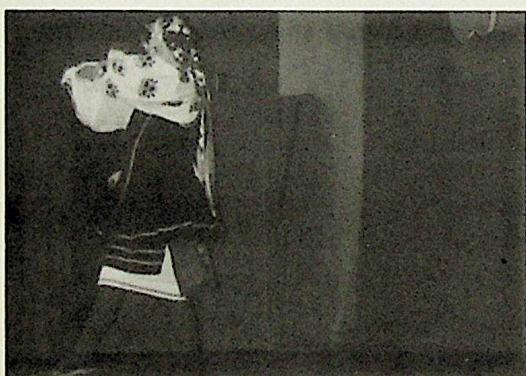
Crystal Grimoldby



## UKRAINIAN CLASS

For the past 15 years, it has been a tradition at Highlands to start decorating the "Pysanka" or Easter Eggs about a month before Easter. Many students have beautiful "Pysanky" from their days at Highlands.

It has also become a tradition to present the nicest "Pysanka" done by a student to the Principal. Mr. Jaque and Mr. Dawson have a few by now. This year the Ukrainian class (or rather Robyn Elaschure) presented a "Pysanka" to our Honourary Ukrainian, Mr. Geldart. (Mr. Geldart is marrying Miss Debbie Fedorak this summer in a traditional Ukrainian ceremony). The students sang "Mnohaja lita" - (many happy years together) - and had a fun time dancing and a delicious dinner was part of our New Years Dinner in January attended by many teachers, parents & all students.

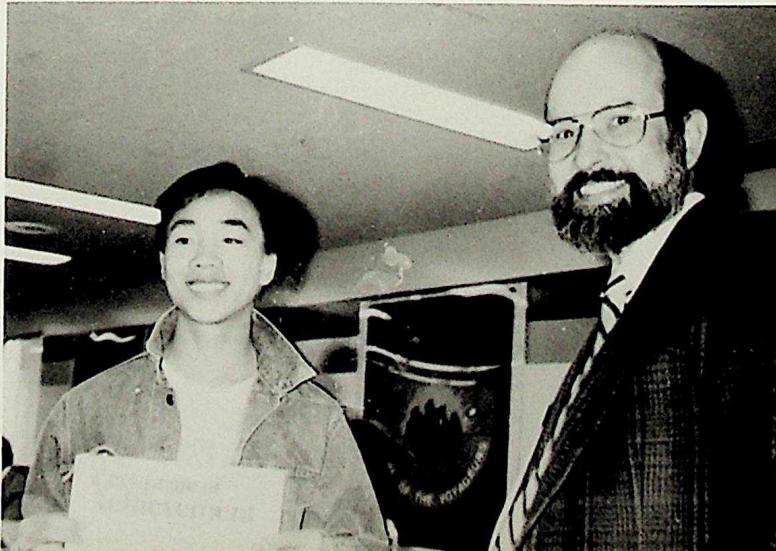
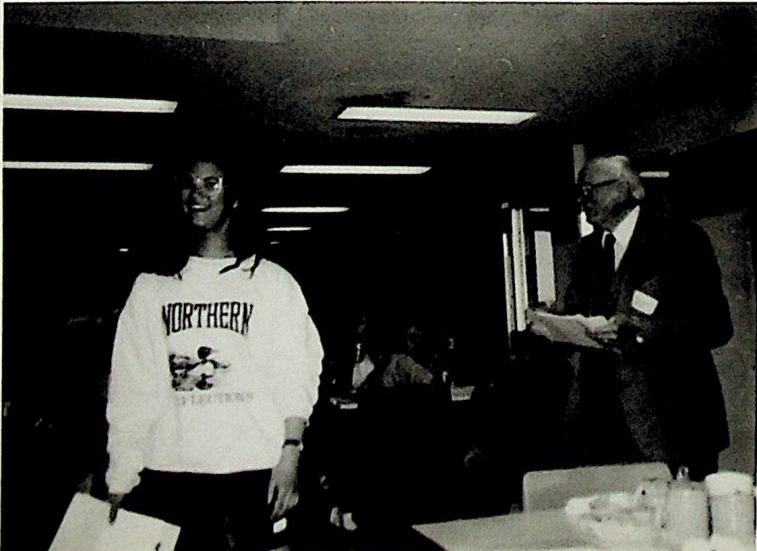


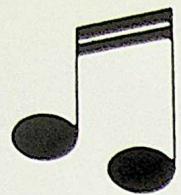


THE FIVE STRANDS  
GET IT TOGETHER  
MAY 1, 1990

A language arts conference for grade niners? It's a first! And it happened this year for the students of Highlands, Ottewell and Lawton.

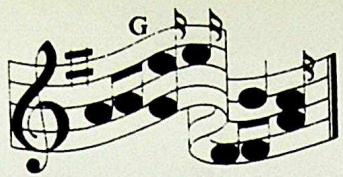
Spearheaded by Mrs. G. Vansickle from Highlands School, Mrs. S. Shortt from Ottewell, and Mr. D. Darling from Lawton, and sponsored by the Kiwanis Club, over 450 grade nine students descended upon M.E. Lazerte High School for a day of listening, learning and laughing. Twenty-five speakers in forty-five sessions taught the students the importance of good communication. Academic achievement in language arts was also recognized; among the winners from Highlands School were the following: Brianna Avery, Ken Ma, Kirsten Van Aggelen, Mir Aktary, Sean Chiney ry, David Chhan, Chung Park, Daryl Sikora, and Shannon Wilkinson.



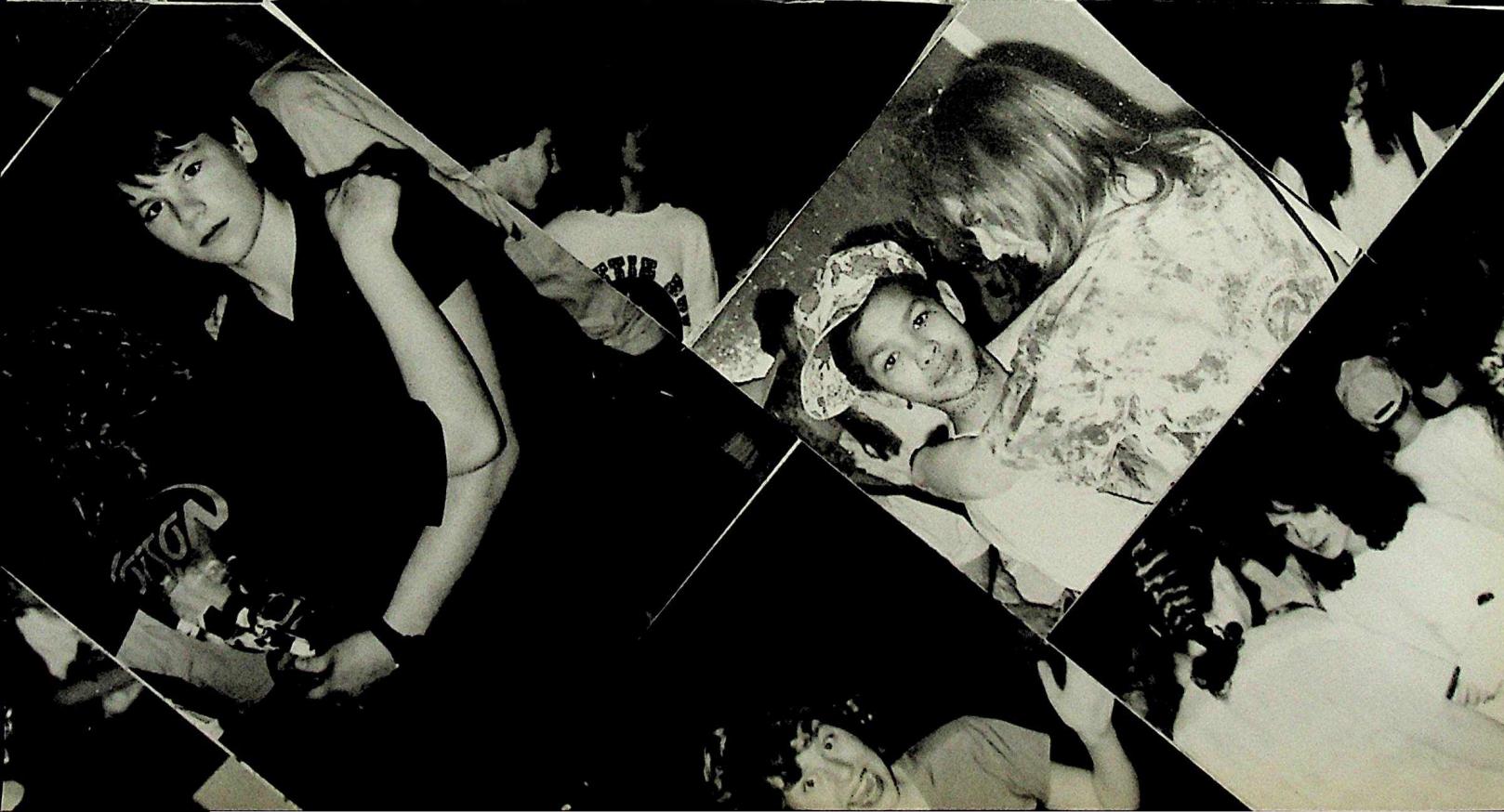
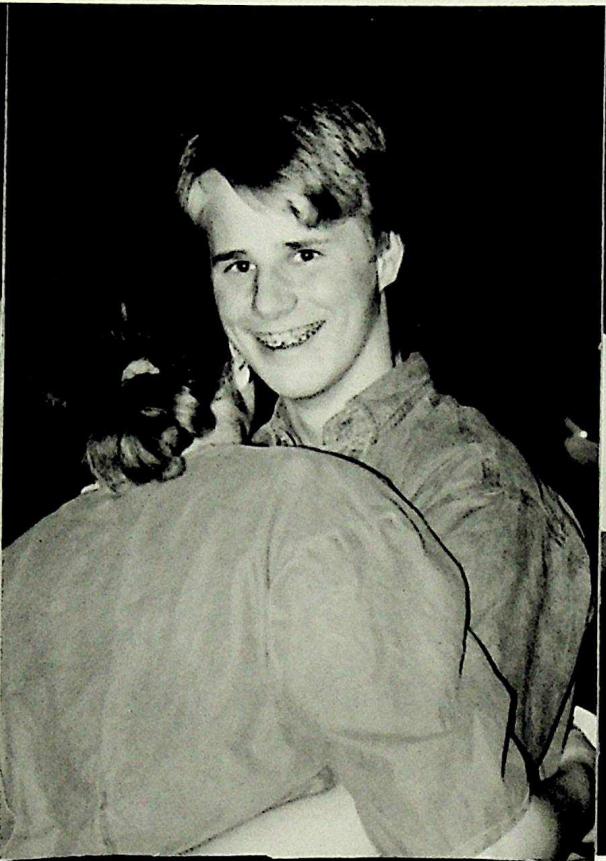


# DANCE DANCE DANCE DANCE DAN

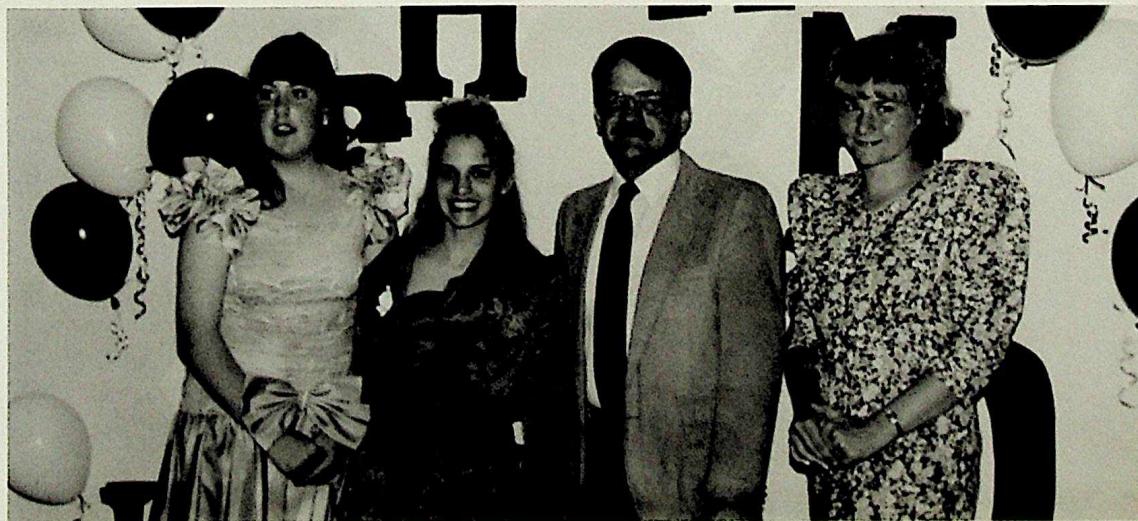
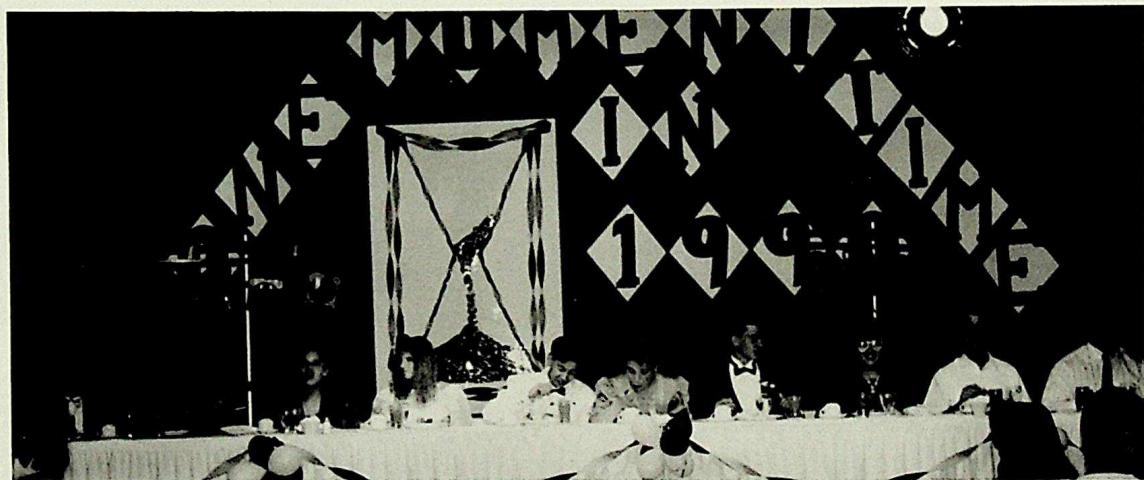
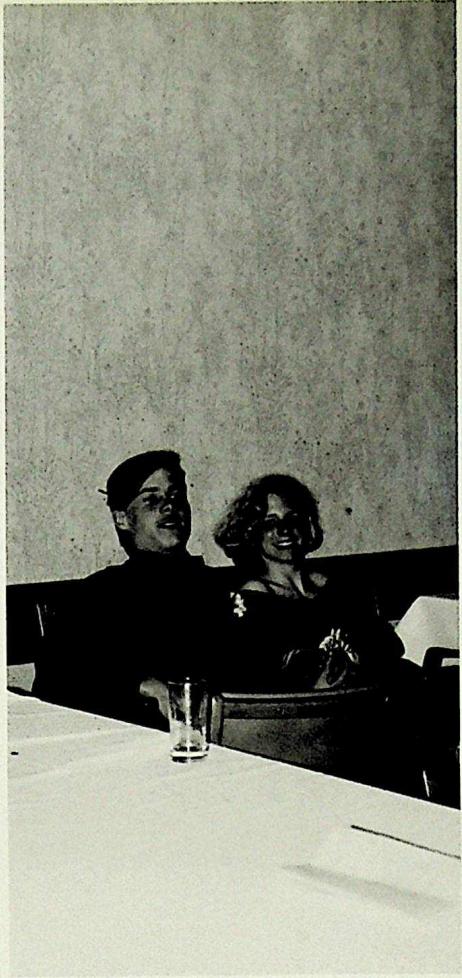
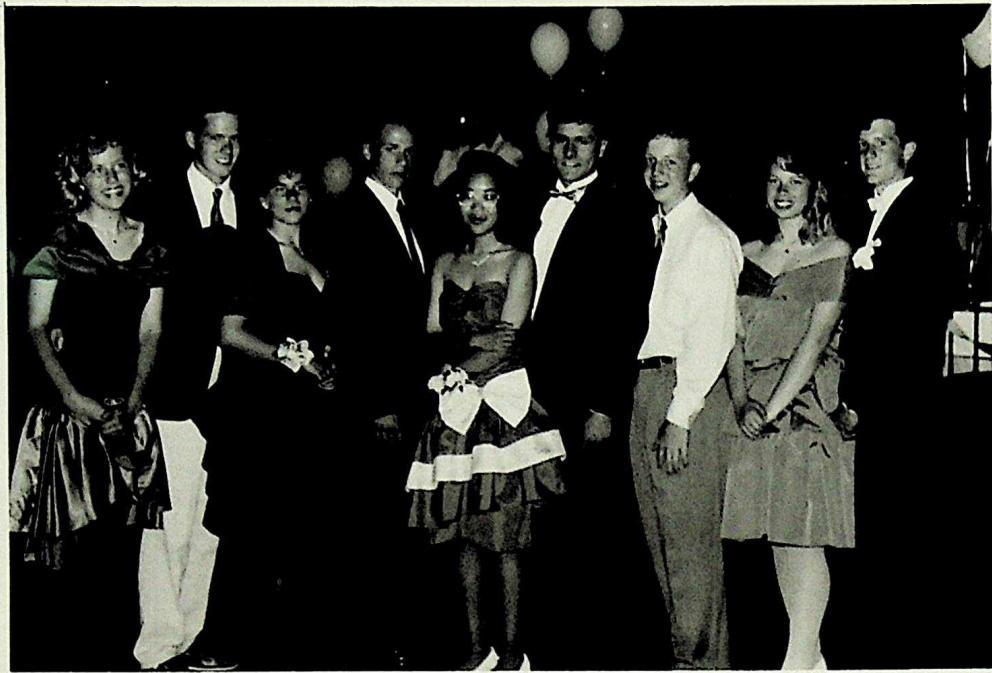




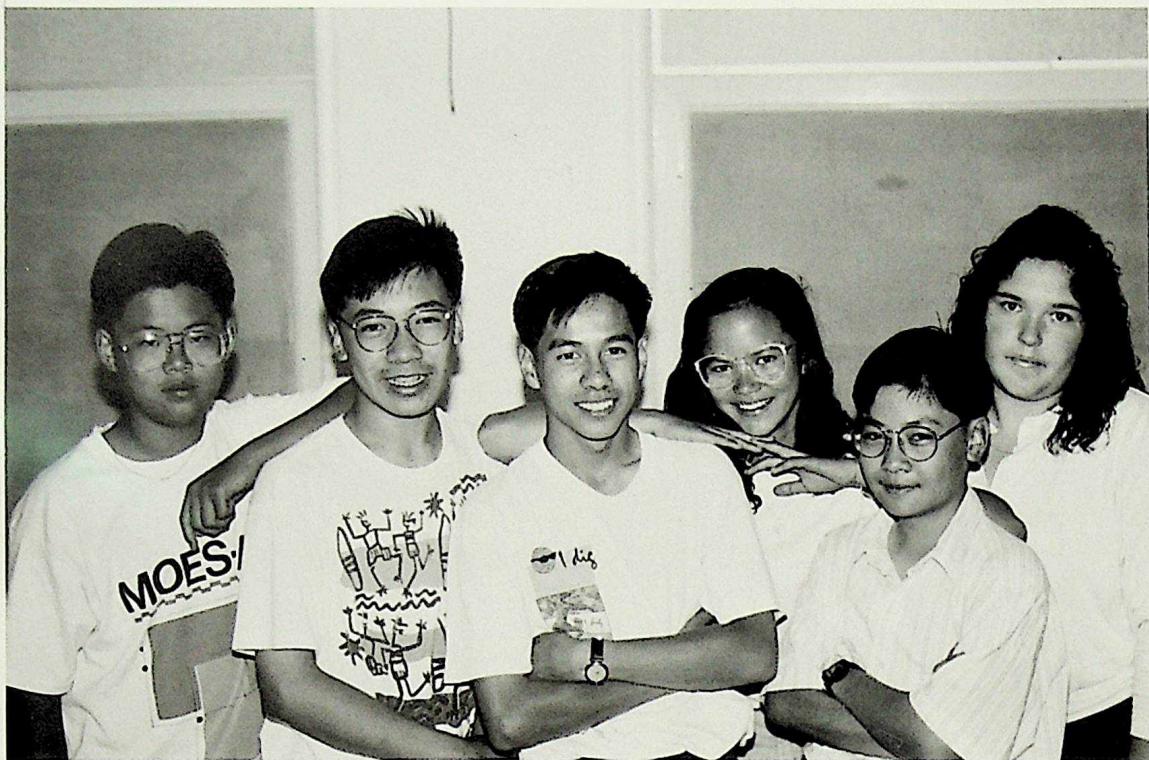
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# Celebration 1990







## YEARBOOK



Highlands Jr. High is very fortunate to have a group of fine students like the Yearbook Staff. Each student was dedicated to making this book a success. This year a lot of time and effort was spent to make this book look more professional. When you flip through the pages you will see the care and craftsmanship that you went into creating each page. The photographs and articles were carefully put together to make the memories of Highlands come to life.

I'd like to take this opportunity to thank all the people who made putting the yearbook together easier:

- Mr. Christensen (you're cutting board was indispensable and staying to supervise the photographers)
- Mrs. Maheden (letting us use your computer at the last minute and putting up with the yearbook staff)
- Miss Karbonik (typing up the articles)
- Mr. Layton (finishing off the Yearbook)
- Mr. Burnett (trying to help and giving us support)
- All the yearbook staff (you're the greatest!)

This year the yearbook staff followed the theme "One Moment In Time" Remember that the time you spend at Highlands is only one precious moment. The Yearbook Staff dedicated the theme to the grade nines who are leaving. Good Luck and Best Wishes.

Top left picture, from left to right:  
Lawrence Mah, Ken Ma, Hien Lu, Brianna Avery, Henry Ma, Wendy Shemko

Missing: Mr. Layton, Maureen Spivak, Candy Christiansen, Christine Martinez





